Health (HLTH)

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## Courses

#### HLTH 1301 Foundation of Health Education: 3 semester hours.

This course introduces the student to the health education profession. Roles and responsibilities of health educators in a variety of occupational settings are described.

#### HLTH 1302 Human Sexuality: 3 semester hours.

Examination of the foundations and characteristics of the American family; factors involved in learning sex roles, biological and emotional motivations, preparation for marriage, family planning, and parental roles.

#### HLTH 1304 Personal Health and Wellness: 3 semester hours.

Study of the personal health concepts with emphasis on body systems, emotional health, drug use and abuse, disease, nutrition, and family and community health. Theory and practice in developing, implementing and evaluating philosophies of wellness programs.

## HLTH 1306 Environmental Health: 3 semester hours.

Health aspects of environment, including health problems related to water, air, and noise pollution, pesticides, population, and radiation.

#### HLTH 2302 Communicable and Noncommunicable Diseases: 3 semester hours.

Nature, prevention, control, and treatment of communicable, chronic, degenerative, and idiopathic human disease, with principles related to causality of disease and to the body's ability to resist.

#### HLTH 2303 Aging, Death and Dying: 3 semester hours.

Examination of the aging process and health problems of the elderly; differing perceptions of death; dimensions of death and dying; euthanasia: and grief and mourning.

#### HLTH 3300 Health Education for the Elementary School: 3 semester hours.

Fundamentals of health including health problems, interests, school health appraisal, and promotion of a healthful environment. Emphasis on health agencies and organizations on the local, state, and national levels.

## HLTH 3301 Nutrition: 3 semester hours.

Basic scientific information on nutrition and on its relationship to the biological needs of humans. An analysis and review of the selection and quality of nutrients essential to growth, development, and efficiency.

## HLTH 3302 Mental Health Promotion: 3 semester hours.

The course is designed to address health issues and problems that various ethnic groups face in the United States. Cultural differences in health behaviors, health care access, and promotion and prevention programs are emphasized.

## HLTH 3303 Research and Contemporary Issues in Health: 3 semester hours.

Scientific examination of current health concepts. Emphasis on those curricular and evaluative concepts necessary for selecting, appraising, utilizing and analyzing health related materials, resources, and instruments.

## HLTH 3304 Consumer Health: 3 semester hours.

Investigation and analysis of consumer health problems, with emphasis on the function, organization, and administration of public health services at the local, state, regional and national levels.

## HLTH 3305 Public and Community Health: 3 semester hours.

Focus on the aspects of the community that relate to health; identification and analysis of community health programs; organizational patterns and functions of voluntary and governmental health agencies; organizing the community for health action; and coordination of school and community health programs.

## HLTH 3309 Drugs and Health: 3 semester hours.

Focus on substances that modify human behavior and emotions; the nature of drugs; historical and contemporary use; drug abuse; social implications; development and implementation of drug programs; and legislative implications.

## HLTH 3311 Overview of the U.S. Healthcare system: 3 semester hours.

Overview of the U.S. healthcare system, including its evolution, utilization patterns, providers - human, institutional and organizational - financing, regulating, evaluating, and reforming.

## HLTH 3387 Medical Terminology: 3 semester hours.

Medical terminology is the study of the principles of medical word building to help the student develop the extensive medical vocabulary used in health care occupations. Students receive a thorough grounding in basic medical terminology through a study of root words, prefixes and suffixes. The study focuses on correct pronunciation, spelling and use of medical terms. Anatomy, physiology, and pathology of disease are discussed.

#### HLTH 4199 Independent Study: 1 semester hour.

Reading, research, and/or field work on selected topics.

#### HLTH 4305 Health Law and Ethics: 3 semester hours.

This course presents an overview of legal and ethical issues facing managers and providers in health care. It provides students with a foundation of health law and ethics and reviews a wide variety of health care legal and ethical situations and dilemmas. The goals are to provide students with practical knowledge of health laws and ethics and their application in the real world of health care.

#### HLTH 4306 Health and Communities: 3 semester hours.

Principles of community health education as a foundation for subsequent consideration of health issues and problems of populations. In-depth focus on assessment and analysis of specific health problems in defined population of client organizations, institutions, and/or community members.

#### HLTH 4307 Community Health Planning and Assessment: 3 semester hours.

Examines the relationship of community health planning and assessment to health education in both urban and rural communities. Emphasizes theory processes and methods applicable to the health care services delivery system.

#### HLTH 4308 Problem Solving and Evaluation for Community Health Programs: 3 semester hours.

Evaluation of psycho-social-cultural health problems and influences on human behavior and health education strategies and outcome measurement.

## HLTH 4310 Health Administration and Leadership: 3 semester hours.

In-depth study of a narrow range of topics considered to be of immediate concern to the health care industry. Special emphasis on problems unique to managers in the field of health administration. Current trends and problems in health administration affecting health administration technical and professional personnel. Designed to place emphasis in selected areas of administration and management.

#### HLTH 4399 Independent Study: 3 semester hours.

Readings, research, and/or field work on selected topics.

## HLTH 5199 Independent Study: 1 semester hour.

Readings, research, and/or field work on selected topics.

## HLTH 5304 Alcohol and Drugs: 3 semester hours.

Development and evaluation of educational approaches for primary and secondary prevention of alcohol and other drug abuse and misuse within populations in elementary and secondary schools, businesses, health agencies, higher education and general communities.

## HLTH 5306 Human Behavior and Health Education: 3 semester hours.

Analysis of social, psychological and cultural determinants of health related behaviors. Critical review of each factor for interpretation and application in a variety of settings, including classrooms, worksites, health care agencies, and higher education centers.

## HLTH 5307 Epidemiology and Diseases: 3 semester hours.

Epidemiologic methods for administrators, policy analysts, and education planners. Identification of and analysis factors influencing infections and chronic diseases in groups of people with a variety of community settings, including schools, businesses, industry, and the health care market.

# HLTH 5313 Seminar- Selected Topics: 3 semester hours.

Etiology, epidemiology and impact of health-related behaviors on illness and wellness within specific populations which may impact school, occupational and community health.

# HLTH 5314 Medical Foundations for Health Professions: 3 semester hours.

Medical and psychosocial approached to disease detection, prevention and rehabilitation. Emphasis on current trends for the advancement of primary health in school groups, public communities, and special populations.

# HLTH 5317 Nutrition and the Environment: 3 semester hours.

Understanding natural principles underlying health issues related to human ecology, nutrition, and non-infectious disease control and population problems.

## HLTH 5318 Contemporary Health: 3 semester hours.

Review of factors relating to selected high morbidity and mortality in urban and rural environments. Study of related psycho-social health problems faced by practicing health educators in a dynamic health care market involving school-based and community-based populations.

# HLTH 5319 Community Health: 3 semester hours.

Examination of the mission, goals, and policies of community and public health. Current principles, practice models, functions, roles, issues, and policies are critically analyzed.

# HLTH 5399 Independent Study: 3 semester hours.

Readings, research, and/or field work on selected topics.