

Health, BS

Bachelor of Science in Health Degree Requirements

Bachelor of Science in Health/Non-Teaching Certification (Track 1)

Complete Core Curriculum Listing at <https://catalog.pvamu.edu/universitycorecurriculum/>

Core Curriculum 42 Credit Hours

Communication (Select Two)	6
Mathematics (Select One)	3
Life and Physical Sciences	6
BIOL 2401 Anatomy and Physiology I	
BIOL 2402 Anatomy and Physiology II	
Language, Philosophy, and Culture (Select One)	3
Creative Arts (Select One)	3
American History (Select Two)	6
Government/Political Science	6
POSC 2305 American Government	
POSC 2306 Texas Government	
Social and Behavioral Sciences (Select One)	3
Component Area Option One (Select One)	3
Component Area Option Two (Select One)	3

Other Requirements

BIOL 2401 Anatomy and Physiology I	
BIOL 2402 Anatomy and Physiology II	

Department Core Requirements

Choose one KINE 1000 level course (1 SCH)	4
HKIN 1306 First Aid, Safety and CPR	

Major Core Requirements

HLTH 1302 Human Sexuality	
HLTH 1306 Environmental Health	
HLTH 1304 Personal Health and Wellness	
HLTH 2303 Aging, Death and Dying	
HLTH 2302 Communicable and Noncommunicable Diseases	
HLTH 3303 Research and Contemporary Issues in Health	
HLTH 3304 Consumer Health	
HLTH 3309 Drugs and Health	
HLTH 3301 Nutrition	
HLTH 3305 Public and Community Health	
HLTH 3300 Health Education for the Elementary School	
HLTH 3311 Overview of the U.S. Healthcare system	
HLTH 4310 Health Administration and Leadership	
HLTH 4306 Health and Communities	
HLTH 4307 Community Health Planning and Assessment	
HLTH 4308 Problem Solving and Evaluation for Community Health Programs	

Electives (Choose 6 SCH from the following)

HLTH 3302 Mental Health Promotion	
HLTH 3387 Medical Terminology	
HLTH 4305 Health Law and Ethics	
KINE 4619 Internship in Health and Kinesiology	

Minor or Unrestricted Electives	18
Total Hours	120

Bachelor of Science in Health/Teaching Certification (Track 2)

Complete Core Curriculum Listing at <https://catalog.pvamu.edu/universitycorecurriculum/>

Core Curriculum 42 Credit Hours

Communication (Select Two)	6
Mathematics (Select One)	3
Life and Physical Sciences Core	6
BIOL 2401 Anatomy and Physiology I	
BIOL 2402 Anatomy and Physiology II	
Language, Philosophy, and Culture (Select One)	3
Creative Arts (Select One)	3
American History (Select Two)	6
Government/Political Science	6
POSC 2305 American Government	
POSC 2306 Texas Government	
Social and Behavioral Science (Select One)	3
Component Area Option One (Select One)	3
Component Area Option Two (Select One)	3

Other Requirements

BIOL 2401 Anatomy and Physiology I	
BIOL 2402 Anatomy and Physiology II	
	2

Department Core Requirements

Choose one KINE 1000 level course (1 SCH)	
HKIN 1306 First Aid, Safety and CPR	
	4

Major Core Requirements

HLTH 1302 Human Sexuality	
HLTH 1306 Environmental Health	
HLTH 1304 Personal Health and Wellness	
HLTH 2303 Aging, Death and Dying	
HLTH 2302 Communicable and Noncommunicable Diseases	
HLTH 3311 Overview of the U.S. Healthcare system	
HLTH 3304 Consumer Health	
HLTH 3309 Drugs and Health	
HLTH 3301 Nutrition	
HLTH 3305 Public and Community Health	
HLTH 3300 Health Education for the Elementary School	
HLTH 3303 Research and Contemporary Issues in Health	
HLTH 4310 Health Administration and Leadership	
HLTH 4306 Health and Communities	
HLTH 4307 Community Health Planning and Assessment	
HLTH 4308 Problem Solving and Evaluation for Community Health Programs	
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Health and Phys Ed Pedagogy (Select 6 SCH from the following)

KINE 2304 Coaching Individual and Dual Sports	
KINE 2306 Outdoor Performance Activities	
KINE 3303 Movement Activities for Elementary Children	
KINE 3306 Theory and Practice of Coaching	
KINE 3365 Motor Learning and Control	
KINE 4307 Secondary Kinesiology	
KINE 4315 Education Preparation	
	6

Health - Concentration

18

CUIN 3300	Educational Foundations
CUIN 3301	Educational Psychology
CUIN 4300	Instructional Planning and Assessment
CUIN 4301	Instructional Methods and Classroom Management
CUIN 4340	Student Teaching/Elementary I
CUIN 4381	Student Teaching Secondary - All Level

Total Hours **120**

Bachelor of Science in Health Non-Teaching Certification Degree Sequence

Core: <https://catalog.pvamu.edu/universitycorecurriculum/> (<https://catalog.pvamu.edu/academicprogramsanddegreeplans/schoolofpahealth/undergrad/hlth/%20https://catalog.pvamu.edu/universitycorecurriculum/>)

Freshman

Fall - Semester 1	Hours	Spring - Semester 2	Hours
Communication Core		3 Communication Core	3
American History Core		3 American History Core	3
HLTH 1301		3 Component Area Option One Core	3
HLTH 1302		3 HLTH 1304	3
Mathematics Core		3 HLTH 1306	3
Total		15 Total	15

Total Hours: 30

Sophomore

Fall - Semester 1	Hours	Spring - Semester 2	Hours
Life and Physical Sciences Core		4 Life and Physical Sciences Core	4
BIOL 2401		BIOL 2402	
HKIN Any 1000 Level Course		1 HLTH 2303	3
Government/Political Science Core		3 Government/Political Science Core	3
POSC 2305		POSC 2306	
Component Area Option Two Core		3 Creative Arts Core	3
Language, Philosophy, and Culture Core		3 Social and Behavioral Science Core	3
Total		14 Total	16

Total Hours: 30

Junior

Fall - Semester 1	Hours	Spring - Semester 2	Hours
Unrestricted Elective or Minor Requirement		3 Unrestricted Elective or Minor Requirement	3
Unrestricted Elective or Minor Requirement		3 Unrestricted Elective or Minor Requirement	3
HLTH 2302		3 HLTH 3301	3
HLTH 3311		3 HLTH 3304	3
HLTH 3303		3 HLTH 3309	3
Total		15 Total	15

Total Hours: 30

Senior

Fall - Semester 1	Hours	Spring - Semester 2	Hours
Unrestricted Elective or Minor Requirement		3 HLTH 4307	3
Unrestricted Elective or Minor Requirement		3 HLTH 4306	3
HLTH 3300		3 HLTH 4308	3
HLTH 3305		3 HLTH or KINE Restricted Electives	3

HLTH 4310	3 HLTH or KINE Restricted Electives	3
Total	15 Total	15

Total Hours: 30

Name	Unit
Total Semester Credit Hours: 120	

BS Health Teaching Certification

Core: <https://catalog.pvamu.edu/universitycorecurriculum/> (<https://catalog.pvamu.edu/academicprogramsanddegreeplans/schoolofpahealth/undergrad/hlth/%20https://catalog.pvamu.edu/universitycorecurriculum/>)

Freshman

Fall - Semester 1	Hours	Spring - Semester 2	Hours
Communication Core		3 Communication Core	3
American History Core		3 American History Core	3
HLTH 1301		3 Component Area Option One Core	3
HLTH 1302		3 HLTH 1304	3
Mathematics Core		3 HLTH 1306	3
Total	15 Total		15

Total Hours: 30

Sophomore

Fall - Semester 1	Hours	Spring - Semester 2	Hours
Life and Physical Sciences Core		4 Life and Physical Sciences Core	4
BIOL 2401		BIOL 2402	
HKIN Any 1000 Level Course		1 HLTH 2303	3
Government/Political Science Core		3 Government/Political Science Core	3
POSC 2305		POSC 2306	
Component Area Option Two Core		3 Creative Arts Core	3
Language, Philosophy, and Culture Core		3 Social and Behavioral Science Core	3
Total	14 Total		16

Total Hours: 30

Junior

Fall - Semester 1	Hours	Spring - Semester 2	Hours
HLTH 3300		3 HLTH 3301	3
HLTH 3305		3 HLTH 3304	3
HLTH 2302		3 HLTH 3309	3
HLTH 3311		3 CUIIN 3300	3
HLTH 3303		3 CUIIN 3301	3
Total	15 Total		15

Total Hours: 30

Senior

Fall - Semester 1	Hours	Spring - Semester 2	Hours
HLTH 4307		3 HLTH 4308	3
HLTH 4306		3 HLTH or KINE Health and Phys Ed Pedagogy Requirement	3
HLTH 4310		3 HLTH or KINE Health and Phys Ed Pedagogy Requirement	3
CUIIN 4300		3 CUIIN 4340	3
CUIIN 4301		3 CUIIN 4381	3
Total	15 Total		15

Total Hours: 30

Name	Unit
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Total Semester Credit Hours: 120

Marketable Skills

Marketable skills, as defined by the Texas Higher Education Coordinating Board's 60x30TX Plan (<http://www.60x30tx.com/>), include interpersonal, cognitive, and applied skill areas, are valued by employers, and can be either primary or complementary to a major. Marketable skills are acquired by students through education, including curricular, co-curricular, and extracurricular activities.

BS Health

Degree Skills

1. Develop skills to improve community health
2. Conduct research in their field to improve human health domestically and globally
3. Integrate information from various disciplines

Concentration Skills

1. Teachers certification
2. Time management
3. Public speaking

Co-curricular and Extracurricular Skills

1. Enhanced problem solving and communication skills in health
2. Leadership
3. Teamwork