

# Health, BS

## Bachelor of Science in Health Degree Requirements

### Bachelor of Science in Health/Non-Teaching Certification (Track 1)

Complete Core Curriculum Listing at <https://catalog.pvamu.edu/universitycorecurriculum/>

#### Core Curriculum 42 Credit Hours

Communication (Select Two)	6
Mathematics (Select One)	3
Life and Physical Sciences	6
BIOL 2401                      Anatomy and Physiology I	
BIOL 2402                      Anatomy and Physiology II	
Language, Philosophy, and Culture ( Select One)	3
Creative Arts (Select One)	3
American History (Select Two)	6
Government/Political Science	6
POSC 2305                      American Government	
POSC 2306                      Texas Government	
Social and Behavioral Sciences (Select One)	3
Component Area Option One (Select One)	3
Component Area Option Two (Select One)	3

#### Other Requirements

BIOL 2401                      Anatomy and Physiology I	
BIOL 2402                      Anatomy and Physiology II	

#### Department Core Requirements

Choose one KINE 1000 level course (1 SCH)	4
HKIN 1306                      First Aid, Safety and CPR	

#### Major Core Requirements

HLTH 1302                      Human Sexuality	
HLTH 1306                      Environmental Health	
HLTH 1304                      Personal Health and Wellness	
HLTH 2303                      Aging, Death and Dying	
HLTH 2302                      Communicable and Noncommunicable Diseases	
HLTH 3303                      Research and Contemporary Issues in Health	
HLTH 3304                      Consumer Health	
HLTH 3309                      Drugs and Health	
HLTH 3301                      Nutrition	
HLTH 3305                      Public and Community Health	
HLTH 3300                      Health Education for the Elementary School	
HLTH 3311                      Overview of the U.S. Healthcare system	
HLTH 4310                      Health Administration and Leadership	
HLTH 4306                      Health and Communities	
HLTH 4307                      Community Health Planning and Assessment	
HLTH 4308                      Problem Solving and Evaluation for Community Health Programs	

#### Electives (Choose 6 SCH from the following)

HLTH 3302                      Mental Health Promotion	
HLTH 3387                      Medical Terminology	
HLTH 4305                      Health Law and Ethics	
KINE 4619                      Internship in Health and Kinesiology	

6

<b>Minor or Unrestricted Electives</b>	<b>18</b>
<b>Total Hours</b>	<b>120</b>

## Bachelor of Science in Health/Teaching Certification (Track 2)

Complete Core Curriculum Listing at <https://catalog.pvamu.edu/universitycorecurriculum/>

### Core Curriculum 42 Credit Hours

Communication (Select Two)	6
Mathematics (Select One)	3
Life and Physical Sciences Core	6
BIOL 2401                      Anatomy and Physiology I	
BIOL 2402                      Anatomy and Physiology II	
Language, Philosophy, and Culture ( Select One)	3
Creative Arts (Select One)	3
American History (Select Two)	6
Government/Political Science	6
POSC 2305                      American Government	
POSC 2306                      Texas Government	
Social and Behavioral Science (Select One)	3
Component Area Option One (Select One)	3
Component Area Option Two (Select One)	3
<b>Other Requirements</b>	<b>2</b>
BIOL 2401                      Anatomy and Physiology I	
BIOL 2402                      Anatomy and Physiology II	

### Department Core Requirements

Choose one KINE 1000 level course (1 SCH)	<b>4</b>
HKIN 1306                      First Aid, Safety and CPR	

### Major Core Requirements

HLTH 1302                      Human Sexuality	<b>48</b>
HLTH 1306                      Environmental Health	
HLTH 1304                      Personal Health and Wellness	
HLTH 2303                      Aging, Death and Dying	
HLTH 2302                      Communicable and Noncommunicable Diseases	
HLTH 3311                      Overview of the U.S. Healthcare system	
HLTH 3304                      Consumer Health	
HLTH 3309                      Drugs and Health	
HLTH 3301                      Nutrition	
HLTH 3305                      Public and Community Health	
HLTH 3300                      Health Education for the Elementary School	
HLTH 3303                      Research and Contemporary Issues in Health	
HLTH 4310                      Health Administration and Leadership	
HLTH 4306                      Health and Communities	
HLTH 4307                      Community Health Planning and Assessment	
HLTH 4308                      Problem Solving and Evaluation for Community Health Programs	

### Health and Phys Ed Pedagogy (Select 6 SCH from the following)

KINE 3306                      Theory and Practice of Coaching	<b>6</b>
KINE 2304                      Coaching Individual and Dual Sports	
KINE 2306                      Outdoor Performance Activities	
KINE 3303                      Movement Activities for Elementary Children	
KINE 3365                      Motor Learning and Control	
KINE 4307                      Secondary Kinesiology	

### Health - Concentration

CUIN 3300                      Educational Foundations	<b>18</b>
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CUIN 3301	Educational Psychology	
CUIN 4300	Instructional Planning and Assessment	
CUIN 4301	Instructional Methods and Classroom Management	
CUIN 4340	Student Teaching/Elementary I	
CUIN 4381	Student Teaching Secondary - All Level	

**Total Hours** **120**

## Bachelor of Science in Health Non-Teaching Certification Degree Sequence

Core: <https://catalog.pvamu.edu/universitycorecurriculum/> (<http://catalog.pvamu.edu/academicprogramsanddegreeplans/schoolofpahealth/undergrad/hlth/%20https://catalog.pvamu.edu/universitycorecurriculum/>)

### Freshman

Fall - Semester 1	Hours	Spring - Semester 2	Hours
Communication Core		3 Communication Core	3
American History Core		3 American History Core	3
HLTH 1301		3 Component Area Option One Core	3
HLTH 1302		3 HLTH 1304	3
Mathematics Core		3 HLTH 1306	3
<b>Total</b>		<b>15 Total</b>	<b>15</b>

**Total Hours: 30**

### Sophomore

Fall - Semester 1	Hours	Spring - Semester 2	Hours
Life and Physical Sciences Core		4 Life and Physical Sciences Core	4
BIOL 2401		BIOL 2402	
HKIN Any 1000 Level Course		1 HLTH 2303	3
Government/Political Science Core		3 Government/Political Science Core	3
POSC 2305		POSC 2306	
Component Area Option Two Core		3 Creative Arts Core	3
Language, Philosophy, and Culture Core		3 Social and Behavioral Science Core	3
<b>Total</b>		<b>14 Total</b>	<b>16</b>

**Total Hours: 30**

### Junior

Fall - Semester 1	Hours	Spring - Semester 2	Hours
Unrestricted Elective or Minor Requirement		3 Unrestricted Elective or Minor Requirement	3
Unrestricted Elective or Minor Requirement		3 Unrestricted Elective or Minor Requirement	3
HLTH 2302		3 HLTH 3301	3
HLTH 3311		3 HLTH 3304	3
HLTH 3303		3 HLTH 3309	3
<b>Total</b>		<b>15 Total</b>	<b>15</b>

**Total Hours: 30**

### Senior

Fall - Semester 1	Hours	Spring - Semester 2	Hours
Unrestricted Elective or Minor Requirement		3 HLTH 4307	3
Unrestricted Elective or Minor Requirement		3 HLTH 4306	3
HLTH 3300		3 HLTH 4308	3
HLTH 3305		3 HLTH or KINE Restricted Electives	3
HLTH 4310		3 HLTH or KINE Restricted Electives	3
<b>Total</b>		<b>15 Total</b>	<b>15</b>

**Total Hours: 30**

Name	Unit
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Total Semester Credit Hours: 120

## BS Health Teaching Certification

Core: <https://catalog.pvamu.edu/universitycorecurriculum/> (<http://catalog.pvamu.edu/academicprogramsanddegreeplans/schoolofpahealth/undergrad/hlth/%20https://catalog.pvamu.edu/universitycorecurriculum/>)

### Freshman

Fall - Semester 1	Hours	Spring - Semester 2	Hours
Communication Core		3 Communication Core	3
American History Core		3 American History Core	3
HLTH 1301		3 Component Area Option One Core	3
HLTH 1302		3 HLTH 1304	3
Mathematics Core		3 HLTH 1306	3
<b>Total</b>		<b>15 Total</b>	<b>15</b>

Total Hours: 30

### Sophomore

Fall - Semester 1	Hours	Spring - Semester 2	Hours
Life and Physical Sciences Core		4 Life and Physical Sciences Core	4
BIOL 2401		BIOL 2402	
HKIN Any 1000 Level Course		1 HLTH 2303	3
Government/Political Science Core		3 Government/Political Science Core	3
POSC 2305		POSC 2306	
Component Area Option Two Core		3 Creative Arts Core	3
Language, Philosophy, and Culture Core		3 Social and Behavioral Science Core	3
<b>Total</b>		<b>14 Total</b>	<b>16</b>

Total Hours: 30

### Junior

Fall - Semester 1	Hours	Spring - Semester 2	Hours
HLTH 3300		3 HLTH 3301	3
HLTH 3305		3 HLTH 3304	3
HLTH 2302		3 HLTH 3309	3
HLTH 3311		3 CUIV 3300	3
HLTH 3303		3 CUIV 3301	3
<b>Total</b>		<b>15 Total</b>	<b>15</b>

Total Hours: 30

### Senior

Fall - Semester 1	Hours	Spring - Semester 2	Hours
HLTH 4307		3 HLTH 4308	3
HLTH 4306		3 HLTH or KINE Health and Phys Ed Pedagogy Requirement	3
HLTH 4310		3 HLTH or KINE Health and Phys Ed Pedagogy Requirement	3
CUIV 4300		3 CUIV 4340	3
CUIV 4301		3 CUIV 4381	3
<b>Total</b>		<b>15 Total</b>	<b>15</b>

Total Hours: 30

Name	Unit
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Total Semester Credit Hours: 120

## Marketable Skills

Marketable skills, as defined by the Texas Higher Education Coordinating Board's 60x30TX Plan (<http://www.60x30tx.com/>), include interpersonal, cognitive, and applied skill areas, are valued by employers, and can be either primary or complementary to a major. Marketable skills are acquired by students through education, including curricular, co-curricular, and extracurricular activities.

## BS Health

### *Degree Skills*

1. Develop skills to improve community health
2. Conduct research in their field to improve human health domestically and globally
3. Integrate information from various disciplines

### *Concentration Skills*

1. Teachers certification
2. Time management
3. Public speaking

### *Co-curricular and Extracurricular Skills*

1. Enhanced problem solving and communication skills in health
2. Leadership
3. Teamwork