

# Kinesiology, BS

## Bachelor of Science in Kinesiology Program Requirements

### Bachelor of Science in Kinesiology/Teaching Certification (Track 1)

Complete Core Curriculum Listing at <https://catalog.pvamu.edu/universitycorecurriculum/>

#### Core Curriculum 42 Credit Hours

Communication (Select Two)	6
Mathematics (Select One)	3
Life and Physical Sciences	6
BIOL 2401                      Anatomy and Physiology I	
BIOL 2402                      Anatomy and Physiology II	
Language, Philosophy, and Culture ( Select One)	3
Creative Arts (Select One)	3
American History (Select Two)	6
Government/Political Science	6
POSC 2305                      American Government	
POSC 2306                      Texas Government	
Social and Behavioral Sciences (Select One)	3
Component Area Option One (Select One)	3
Component Area Option Two	3
HLTH 1304                      Personal Health and Wellness	

#### Other Requirements

BIOL 2401                      Anatomy and Physiology I	
BIOL 2402                      Anatomy and Physiology II	

#### Department Core Requirements

Choose one 1000 HKIN Course (1 SCH)	4
HKIN 1306                      First Aid, Safety and CPR	

#### Major Core Requirements

KINE 1215                      Low Organized Games	27
KINE 1208                      Fundamentals of Human Movement	
KINE 1330                      Foundation to Kinesiology	
DANC 2202                      Fundamentals of Dance	
KINE 3302                      Applied Anatomy and Kinesiology	
HKIN 3366                      Exercise Physiology	
HKIN 4304                      Athletic Injuries	
KINE 4303                      Measurement and Evaluation	
KINE 4306                      Adapted Physical Activity	
KINE 4310                      Research Methods	

#### Health and Phys Ed Pedagogy

KINE 2304                      Coaching Individual and Dual Sports	27
KINE 2306                      Outdoor Performance Activities	
HLTH 3300                      Health Education for the Elementary School	
HLTH 3301                      Nutrition	
KINE 3306                      Theory and Practice of Coaching	
KINE 3303                      Movement Activities for Elementary Children	
KINE 3365                      Motor Learning and Control	
KINE 4307                      Secondary Kinesiology	
KINE 4308                      Administrative Management of Kinesiology	

#### Professional Education Requirements

CUIN 3300                      Educational Foundations	18
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CUIN 3301	Educational Psychology	
CUIN 4310	Instructional Planning and Assessment	
CUIN 4311	Instructional Methodology and Classroom Management	
CUIN 4340	Student Teaching/Elementary I	
CUIN 4381	Student Teaching Secondary - All Level	

**Total Hours** **120**

## Bachelor of Science in Kinesiology/Applied Exercise Science (Track 2)

Complete Core Curriculum Listing at <https://catalog.pvamu.edu/universitycorecurriculum/>

### Core Curriculum 42 Credit Hours

Communication (Select Two)		6
Mathematics (Select One)		3
Life and Physical Sciences		6
BIOL 2401	Anatomy and Physiology I	
BIOL 2402	Anatomy and Physiology II	
Language, Philosophy, and Culture ( Select One)		3
Creative Arts (Select One)		3
American History (Select Two)		6
Government/Political Science		6
POSC 2305	American Government	
POSC 2306	Texas Government	
Social and Behavioral Sciences (Select One)		3
Component Area Option One (Select One)		3
Component Area Option Two		3
HLTH 1304	Personal Health and Wellness	

### Other Requirements 2

BIOL 2401	Anatomy and Physiology I	
BIOL 2402	Anatomy and Physiology II	

### Department Core Requirements 4

Choose one HKIN 1000 level course (1 SCH)		
HKIN 1306	First Aid, Safety and CPR	

### Major Core Requirements 27

KINE 1208	Fundamentals of Human Movement	
KINE 1215	Low Organized Games	
KINE 1330	Foundation to Kinesiology	
DANC 2202	Fundamentals of Dance	
KINE 3302	Applied Anatomy and Kinesiology	
HKIN 3366	Exercise Physiology	
HKIN 4304	Athletic Injuries	
KINE 4303	Measurement and Evaluation	
KINE 4306	Adapted Physical Activity	
KINE 4310	Research Methods	

### Electives 27

Select 12 SCH from the following:

HKIN 1112	Conditioning and Self Analysis	
KINE 3365	Motor Learning and Control	
PHLT 3320	Determinants of Health and Health Disparities	
BIOL 4201	Medical Terminology	
KINE 4322	Advanced Athletic Injuries	
KINE 4619	Internship in Health and Kinesiology	

Unrestricted Electives (Choose 15 SCH)

### Applied Exercise Science 18

KINE 2307	Psycho-Social Aspects of Sport
KINE 2308	Practicum in Kinesiology and Sport
HLTH 3301	Nutrition
KINE 4308	Administrative Management of Kinesiology
SPMT 4311	Legal Aspects of Sport
KINE 4323	Fitness Program

**Total Hours** **120**

## Bachelor of Science in Kinesiology/Sport Management (Track 3)

Complete Core Curriculum Listing at <https://catalog.pvamu.edu/universitycorecurriculum/>

### Core Curriculum 42 Credit Hours

Communication (Select Two)	6
Mathematics (Select One)	3
Life and Physical Sciences	6
BIOL 2401	Anatomy and Physiology I
BIOL 2402	Anatomy and Physiology II
Language, Philosophy, and Culture ( Select One)	3
Creative Arts (Select One)	3
American History (Select Two)	6
Government/Political Science	6
POSC 2305	American Government
POSC 2306	Texas Government
Social and Behavioral Sciences (Select One)	3
Component Area Option One (Select One)	3
Component Area Option Two	3
HLTH 1304	Personal Health and Wellness

### Other Requirements **2**

- BIOL 2401 Anatomy and Physiology I
- BIOL 2402 Anatomy and Physiology II

### Department Requirements **4**

- Choose one KINE 1000 level course (1 SCH)
- HKIN 1306 First Aid, Safety and CPR

### Major Requirements **27**

- KINE 1208 Fundamentals of Human Movement
- KINE 1215 Low Organized Games
- KINE 1330 Foundation to Kinesiology
- DANC 2202 Fundamentals of Dance
- KINE 3302 Applied Anatomy and Kinesiology
- HKIN 3366 Exercise Physiology
- HKIN 4304 Athletic Injuries
- KINE 4303 Measurement and Evaluation
- KINE 4306 Adapted Physical Activity
- KINE 4310 Research Methods

### Electives **27**

Select 18 SCH from the following:

- KINE 2205 Intramural and Recreational Sports
- KINE 2307 Psycho-Social Aspects of Sport
- KINE 3305 Theory and Practice of Officiating
- KINE 3306 Theory and Practice of Coaching
- KINE 4308 Administrative Management of Kinesiology
- KINE 4619 Internship in Health and Kinesiology
- MGMT 1301 Introduction to Business

MGMT 2301	Design Thinking	
MGMT 3302	Introduction to Business Analytics	
Unrestricted Electives (Select 9 SCH)		
<b>Sport Management</b>		<b>18</b>
SPMT 1302	Foundations of Sport Management	
KINE 2308	Practicum in Kinesiology and Sport	
SPMT 2310	Sport Governance	
MGMT 2320	Leadership and Ethics	
MRKT 3311	Sports, Entertainment, and Event Marketing	
SPMT 4311	Legal Aspects of Sport	
<b>Total Hours</b>		<b>120</b>

## Bachelor of Science in Kinesiology/Non-Teaching Certification (Track 4)

Complete Core Curriculum Listing at <https://catalog.pvamu.edu/universitycorecurriculum/>

### Core Curriculum 42 Credit Hours

Communication (Select Two)		6
Mathematics (Select One)		3
Life and Physical Sciences		6
BIOL 2401	Anatomy and Physiology I	
BIOL 2402	Anatomy and Physiology II	
Language, Philosophy, and Culture ( Select One)		3
Creative Arts (Select One)		3
American History (Select Two)		6
Government/Political Science		6
POSC 2305	American Government	
POSC 2306	Texas Government	
Social and Behavioral Sciences (Select One)		3
Component Area Option One (Select One)		3
Component Area Option Two		3
HLTH 1304	Personal Health and Wellness	

### Other Requirements

BIOL 2401 Anatomy and Physiology I		2
BIOL 2402 Anatomy and Physiology II		

### Department Requirements

Choose one KINE 1000 level course (1 SCH)		4
HKIN 1306	First Aid, Safety and CPR	

### Major Core Requirements

KINE 1208	Fundamentals of Human Movement	27
KINE 1215	Low Organized Games	
KINE 1330	Foundation to Kinesiology	
DANC 2202	Fundamentals of Dance	
KINE 3302	Applied Anatomy and Kinesiology	
HKIN 3366	Exercise Physiology	
HKIN 4304	Athletic Injuries	
KINE 4303	Measurement and Evaluation	
KINE 4306	Adapted Physical Activity	
KINE 4310	Research Methods	

### Electives (Select from the following)

HKIN 1112	Conditioning and Self Analysis	27
KINE 2307	Psycho-Social Aspects of Sport	
KINE 2308	Practicum in Kinesiology and Sport	
KINE 2304	Coaching Individual and Dual Sports	

KINE 2205	Intramural and Recreational Sports	
KINE 2306	Outdoor Performance Activities	
HLTH 3301	Nutrition	
KINE 3305	Theory and Practice of Officiating	
KINE 3306	Theory and Practice of Coaching	
KINE 3365	Motor Learning and Control	
KINE 4308	Administrative Management of Kinesiology	
KINE 4323	Fitness Program	
KINE 4619	Internship in Health and Kinesiology	
<b>Minor or Unrestricted Electives</b>		<b>18</b>
<b>Total Hours</b>		<b>120</b>

## Bachelor of Science in Kinesiology Teaching Certification Degree Sequence

Core: <https://catalog.pvamu.edu/universitycorecurriculum/> (<https://catalog.pvamu.edu/academicprogramsanddegreeplans/schoolofpahealth/undergrad/kine/%20https://catalog.pvamu.edu/universitycorecurriculum/>)

### Freshman

Fall - Semester 1	Hours	Spring - Semester 2	Hours
Communication Core		3 Communication Core	3
American History Core		3 DANC 2202	2
HKIN 1306		3 American History Core	3
Component Area Option Two Core		3 KINE 1208	2
HLTH 1304		KINE 1215	2
Mathematics Core		3 Component Area Option One Core	3
MATH 1314			
<b>Total</b>		<b>15 Total</b>	<b>15</b>

**Total Hours: 30**

### Sophomore

Fall - Semester 1	Hours	Spring - Semester 2	Hours
Life and Physical Sciences Core		4 Life and Physical Sciences Core	4
BIOL 2401		BIOL 2402	
HKIN Any 1000 Level Course		1 KINE 1330	3
Government/Political Science Core		3 Government/Political Science Core	3
POSC 2305		POSC 2306	
KINE 2306		3 Creative Arts Core	3
Language, Philosophy, and Culture Core		3 Social and Behavioral Science Core	3
<b>Total</b>		<b>14 Total</b>	<b>16</b>

**Total Hours: 30**

### Junior

Fall - Semester 1	Hours	Spring - Semester 2	Hours
KINE 3306		3 KINE 3303	3
HKIN 3366		3 KINE 3365	3
KINE 2304		3 HLTH 3301	3
KINE 3302		3 CUIV 3300	3
HLTH 3300		3 CUIV 3301	3
<b>Total</b>		<b>15 Total</b>	<b>15</b>

**Total Hours: 30**

**Senior**

<b>Fall - Semester 1</b>	<b>Hours</b>	<b>Spring - Semester 2</b>	<b>Hours</b>
KINE 4304		3 KINE 4303	3
KINE 4306		3 KINE 4307	3
KINE 4310		3 KINE 4308	3
CUIN 4310		3 CUIN 4340	3
CUIN 4311		3 CUIN 4381	3
<b>Total</b>		<b>15 Total</b>	<b>15</b>

**Total Hours: 30**

<b>Name</b>	<b>Unit</b>
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Total Semester Credit Hours: 120

**BS Kinesiology Applied Exercise Science**

Core: <https://catalog.pvamu.edu/universitycorecurriculum/> (<https://catalog.pvamu.edu/academicprogramsanddegreeplans/schoolofpahealth/undergrad/kine/%20https://catalog.pvamu.edu/universitycorecurriculum/>)

**Freshman**

<b>Fall - Semester 1</b>	<b>Hours</b>	<b>Spring - Semester 2</b>	<b>Hours</b>
Communication Core		3 Communication Core	3
American History Core		3 American History Core	3
HKIN 1306		3 DANC 2202	2
Component Area Option Two Core		3 KINE 1208	2
HLTH 1304		KINE 1215	2
Mathematics Core		3 Component Area Option One Core	3
MATH 1314			
<b>Total</b>		<b>15 Total</b>	<b>15</b>

**Total Hours: 30****Sophomore**

<b>Fall - Semester 1</b>	<b>Hours</b>	<b>Spring - Semester 2</b>	<b>Hours</b>
Life and Physical Sciences Core		4 Life and Physical Sciences Core	4
BIOL 2401		BIOL 2402	
HKIN Any 1000 Level Course		1 KINE 1330	3
Government/Political Science Core		3 Government/Political Science Core	3
POSC 2305		POSC 2306	
Restricted Elective		3 Creative Arts Core	3
Language, Philosophy, and Culture Core		3 Social and Behavioral Science Core	3
<b>Total</b>		<b>14 Total</b>	<b>16</b>

**Total Hours: 30****Junior**

<b>Fall - Semester 1</b>	<b>Hours</b>	<b>Spring - Semester 2</b>	<b>Hours</b>
KINE 2307		3 HLTH 3301	3
Unrestricted Elective		3 KINE 4308	3
KINE 2308		3 Restricted Elective (1-3 SCH)	3
KINE 3302		3 Unrestricted Elective	3
Restricted Elective (1-3 SCH)		1 Unrestricted Elective	3
Restricted Elective (1-3 SCH)		2	
<b>Total</b>		<b>15 Total</b>	<b>15</b>

**Total Hours: 30**

**Senior**

<b>Fall - Semester 1</b>	<b>Hours</b>	<b>Spring - Semester 2</b>	<b>Hours</b>
KINE 4306		3 KINE 4303	3
KINE 4323		3 KINE 4304	3
HKIN 3366		3 KINE 4310	3
SPMT 4311		3 Unrestricted Elective	3
Restricted Elective (1-3 SCH)		3 Unrestricted Elective	3
<b>Total</b>		<b>15 Total</b>	<b>15</b>

**Total Hours: 30**

<b>Name</b>	<b>Unit</b>
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Total Semester Credit Hours: 120

**BS Kinesiology Sport Management**

Core: <https://catalog.pvamu.edu/universitycorecurriculum/> (<https://catalog.pvamu.edu/academicprogramsanddegreeplans/schoolofpahealth/undergrad/kine/%20https://catalog.pvamu.edu/universitycorecurriculum/>)

**Freshman**

<b>Fall - Semester 1</b>	<b>Hours</b>	<b>Spring - Semester 2</b>	<b>Hours</b>
Communication Core		3 Communication Core	3
American History Core		3 American History Core	3
HKIN 1306		3 DANC 2202	2
Component Area Option Two Core		3 KINE 1208	2
HLTH 1304		KINE 1215	2
Mathematics Core		3 Component Area Option One Core	3
MATH 1314			
<b>Total</b>		<b>15 Total</b>	<b>15</b>

**Total Hours: 30****Sophomore**

<b>Fall - Semester 1</b>	<b>Hours</b>	<b>Spring - Semester 2</b>	<b>Hours</b>
Life and Physical Sciences Core		4 Life and Physical Sciences Core	4
BIOL 2401		BIOL 2402	
HKIN Any 1000 Level Course		1 KINE 1330	3
Government/Political Science Core		3 Government/Political Science Core	3
POSC 2305		POSC 2305	
Restricted Elective		3 Creative Arts Core	3
Language, Philosophy, and Culture Core		3 Social and Behavioral Science Core	3
<b>Total</b>		<b>14 Total</b>	<b>16</b>

**Total Hours: 30****Junior**

<b>Fall - Semester 1</b>	<b>Hours</b>	<b>Spring - Semester 2</b>	<b>Hours</b>
KINE 2308		3 SPMT 2310	3
KINE 3302		3 MGMT 2320	3
SPMT 1302		3 Restricted Elective (1-3 SCH)	3
Unrestricted Elective		3 Unrestricted Elective	3
Restricted Elective (1-3 SCH)		1 Unrestricted Elective	3
Restricted Elective (1-3 SCH)		2	
<b>Total</b>		<b>15 Total</b>	<b>15</b>

**Total Hours: 30**

**Senior**

<b>Fall - Semester 1</b>	<b>Hours</b>	<b>Spring - Semester 2</b>	<b>Hours</b>
KINE 4306		3 KINE 4303	3
MRKT 3311		3 KINE 4304	3
SPMT 4311		3 KINE 4310	3
HKIN 3366		3 Restricted Elective	3
Restricted Elective		3 Restricted Elective	3
<b>Total</b>		<b>15 Total</b>	<b>15</b>

**Total Hours: 30**

<b>Name</b>	<b>Unit</b>
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Total Semester Credit Hours: 120

**BS Kinesiology Non-Teaching Certification**

Core: <https://catalog.pvamu.edu/universitycorecurriculum/> (<https://catalog.pvamu.edu/academicprogramsanddegreeplans/schoolofpahealth/undergrad/kine/%20https://catalog.pvamu.edu/universitycorecurriculum/>)

**Freshman**

<b>Fall - Semester 1</b>	<b>Hours</b>	<b>Spring - Semester 2</b>	<b>Hours</b>
Communication Core		3 Communication Core	3
American History Core		3 American History Core	3
HKIN 1306		3 DANC 2202	2
Mathematics Core		3 KINE 1208	2
MATH 1314		KINE 1215	2
Restricted Elective (1-3 SCH)		3 Component Area Option One Core	3
<b>Total</b>		<b>15 Total</b>	<b>15</b>

**Total Hours: 30****Sophomore**

<b>Fall - Semester 1</b>	<b>Hours</b>	<b>Spring - Semester 2</b>	<b>Hours</b>
Life and Physical Sciences Core		4 Life and Physical Sciences Core	4
BIOL 2401		BIOL 2402	
HKIN Any 1000 Level Course		1 KINE 1330	3
Government/Political Science Core		3 Government/Political Science Core	3
POSC 2305		POSC 2306	
Component Area Option Two Core		3 Creative Arts Core	3
HLTH 1304		Social and Behavioral Science Core	3
Language, Philosophy, and Culture Core		3	
<b>Total</b>		<b>14 Total</b>	<b>16</b>

**Total Hours: 30****Junior**

<b>Fall - Semester 1</b>	<b>Hours</b>	<b>Spring - Semester 2</b>	<b>Hours</b>
KINE 3302		3 Unrestricted Elective or Minor Requirement	3
Unrestricted Elective or Minor Requirement		3 Unrestricted Elective or Minor Requirement	3
Unrestricted Elective or Minor Requirement		3 Restricted Elective (1-3 SCH)	3
Restricted Elective (1-3 SCH)		3 Restricted Elective (1-3 SCH)	3
Restricted Elective (1-3 SCH)		3 Restricted Elective (1-3 SCH)	3
<b>Total</b>		<b>15 Total</b>	<b>15</b>

**Total Hours: 30**



**Senior**

<b>Fall - Semester 1</b>	<b>Hours</b>	<b>Spring - Semester 2</b>	<b>Hours</b>
HKIN 3366		3 KINE 4303	3
KINE 4306		3 KINE 4304	3
Unrestricted Elective or Minor Requirement		3 KINE 4310	3
Unrestricted Elective or Minor Requirement		3 Restricted Elective (1-3 SCH)	3
Restricted Elective (1-3 SCH)		3 Restricted Elective (1-3 SCH)	3
<b>Total</b>		<b>15 Total</b>	<b>15</b>

**Total Hours: 30**

<b>Name</b>	<b>Unit</b>
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Total Semester Credit Hours: 120

**Marketable Skills**

Marketable skills, as defined by the Texas Higher Education Coordinating Board's 60x30TX Plan (<http://www.60x30tx.com/>), include interpersonal, cognitive, and applied skill areas, are valued by employers, and can be either primary or complementary to a major. Marketable skills are acquired by students through education, including curricular, co-curricular, and extracurricular activities.

**BS Kinesiology*****Degree Skills***

1. Analytical thinking to solve discipline-specific issues and challenges
2. Effective use of technology to access, apply, and present discipline-related knowledge
3. Understand the scientific basis for human movement, exercise physiology and adaptations, and biomechanics

***Concentration Skills***

1. Develop constructive and cooperative working relationships
2. Master in-depth concentration related knowledge
3. Demonstration of ethical and professional standards related to teaching, exercise science, and sport management

***Co-curricular and Extracurricular Skills***

1. Ability to work with faculty on research interests
2. Develop leadership characteristics through extracurricular engagement
3. Ability to understand and communicate with others from varying cultures