

**PVAMU Recommended Degree Sequence
2021-2022 Catalog Year**

College/Department: Education
Program/Major: Kinesiology - Applied Exercise Science

Degree: BS
Total Program Hours: 120

FIRST YEAR Freshman								
Fall Semester			Spring Semester			Summer Semester		
Course Number	Course Name	Hrs	Course Number	Course Name	Hrs	Course Number	Course Name	Hrs
	Communications Core	3		Communications Core	3		In order to reach 30, 60, 90 SCH milestones, students may need to take additional courses in the summer.	
	American History Core	3	DANC 2202	Fundamentals of Dance	2			
HKIN 1306	First Aid Safety and CPR	3		American History Core	3			
HLTH 1304	Component Area Option Two Core Personal Health and Wellness	3	KINE 1208	Fundamentals of Basic Movement	2			
MATH 1314	Mathematics Core College Algebra	3	KINE 1215	Low Organized Games	2			
				Component Area Option One Core	3			
Total =		15	Total =		15	Total =		0

SECOND YEAR Sophomore								
Fall Semester			Spring Semester			Summer Semester		
Course Number	Course Name	Hrs	Course Number	Course Name	Hrs	Course Number	Course Name	Hrs
BIOL 2401	Life and Physical Sciences Core Anatomy & Physiology I	4	BIOL 2402	Life and Physical Sciences Core Anatomy & Physiology II	4			
HKIN	Any 1000 Level Course	1	KINE 1330	Foundation to Kinesiology	3			
	Government/Political Science Core	3		Government/Political Science Core	3			
	Restricted Elective	3		Creative Arts Core	3			
	Language, Philosophy and Culture Core	3		Social & Behavioral Sciences Core	3			
Total =		14	Total =		16	Total =		0

THIRD YEAR Junior								
Fall Semester			Spring Semester			Summer Semester		
Course Number	Course Name	Hrs	Course Number	Course Name	Hrs	Course Number	Course Name	Hrs
KINE 2307	Psycho-Social Aspects of Sport	3	HLTH 3301	Nutrition	3			
KINE 2308	Practicum in Kinesiology and Sport (P: KINE 1330)	3	HKIN 4308	Administrative Management of Kinesiology	3			
	Unrestricted Elective	3		Restricted Elective (1-3 SCH)	3			
KINE 3302	Applied Anatomy & Kinesiology (P: BIOL 2401, BIOL 2402, and KINE 1208)	3		Unrestricted Elective	3			
	Restricted Elective (1-3 SCH)	1		Unrestricted Elective	3			
	Restricted Elective (1-3 SCH)	2						
Total =		15	Total =		15	Total =		0

FOURTH YEAR Senior								
Fall Semester			Spring Semester			Summer Semester		
Course Number	Course Name	Hrs	Course Number	Course Name	Hrs	Course Number	Course Name	Hrs
KINE 4306	Adapted Physical Activity	3		Unrestricted Elective	3			
KINE 4323	Fitness Program	3	KINE 4303	Measurement and Evaluation (P: KINE 3302)	3			
SPMT 4311	Legal Aspects of Sport	3	KINE 4304	Athletic Injuries (P: KINE 3302)	3			
	Restricted Elective (1-3 SCH)	3		Unrestricted Elective (1-3 SCH)	3			
KINE 3366	Exercise Physiology (P: KINE 3302 and MATH 1314)	3	KINE 4310	Research Methods	3			
Total =		15	Total =		15	Total =		0

Total Degree Credits = 120