

Health, BS

The Department of Health and Kinesiology offers two undergraduate degrees, Health and Kinesiology. Students have three options to pursue while obtaining their degrees: a selection of a minor in a different degree area, professional non-restrictive electives, or teaching certification.

Program Admission

Health and Kinesiology Majors

Students choosing to declare a major or minor within the Health and Kinesiology Department must submit a current transcript indicating a 2.25 cumulative GPA. Department Head approval for program admittance will not occur unless these four areas have been successfully met. Students majoring in Health or Kinesiology must meet all University and College of Education standards. Additionally, students must also complete all English composition, mathematics, and minor course work outside of the University Core, to be counted towards the 120 SCH degree, with a grade of "C" or better.

Teacher Certification

Students who select the teacher certification option must meet the following requirements to apply:

- Minimum GPA of 2.75,
- "C" or higher in all English and Math core courses
- 44 SCH in the University Core completed before taking CUI courses
- Successful criminal background check,
- Successful completion of an assessment test, and
- Approval of teacher certification application.

All students accepted into the program for teacher certification must meet the College of Education's Teacher Certification requirements. The College of Education's Office of Teacher Certification manages all records of students accepted into the teacher certification program. The Office of Teacher Certification holds the TEA's student's identification, reference letters, criminal background verification, assessment scores, field observation, student teaching results, passed or failed records, and much more. The Department of Health and Kinesiology also holds files on all students enrolled in the department as it pertains to their degree plans and graduation audits.

Internship for Health and Kinesiology Majors

- The internship is an integral part of the instructional program in the Health and Kinesiology curricula. The internship experience is designed to 1) enhance the understanding and application of knowledge and research findings to health, kinesiology, applied exercise science, and sport management, 2) prepare students for graduate programs, 3) make connections with professionals in their career area/interest, and 4) be taken by students only in their final semester of matriculation at the University.
- Students must also have a minimum cumulative GPA of 2.5 or higher prior to enrolling in the internship course. In addition, students must be in their last graduating semester with no criminal background (background check is required) and an updated resume.

Requirements of Uniform Apparel

Students enrolled in activity classes are required to purchase and to wear special physical education uniforms in compliance with departmental standards. Regulation gymnasium shoes are also required. Students enrolled in swimming must wear swimming suits and swimming caps recommended by the department. All required apparel is available for purchase in the University Exchange Bookstore.

Bachelor of Science in Health Degree Requirements

Bachelor of Science in Health/Non-Teaching Certification (Track 1)

Complete Core Curriculum Listing at <https://catalog.pvamu.edu/universitycorecurriculum/>

Core Curriculum 42 Credit Hours

Communication (Select Two)	6
Mathematics (Select One)	3
Life and Physical Sciences	6
BIOL 2401 Anatomy and Physiology I	
BIOL 2402 Anatomy and Physiology II	
Language, Philosophy, and Culture (Select One)	3
Creative Arts (Select One)	3
American History (Select Two)	6

Government/Political Science		6
POSC 2305	American Government	
POSC 2306	Texas Government	
Social and Behavioral Sciences (Select One)		3
Component Area Option One (Select One)		3
Component Area Option Two (Select One)		3
Other Requirements		2
BIOL 2401	Anatomy and Physiology I	
BIOL 2402	Anatomy and Physiology II	
Department Core Requirements		4
Choose one KINE 1000 level course (1 SCH)		
HKIN 1306	First Aid, Safety and CPR	
Major Core Requirements		48
HLTH 1302	Human Sexuality	
HLTH 1306	Environmental Health	
HLTH 1304	Personal Health and Wellness	
HLTH 2303	Aging, Death and Dying	
HLTH 2302	Communicable and Noncommunicable Diseases	
HLTH 3303	Research and Contemporary Issues in Health	
HLTH 3304	Consumer Health	
HLTH 3309	Drugs and Health	
HLTH 3301	Nutrition	
HLTH 3305	Public and Community Health	
HLTH 3300	Health Education for the Elementary School	
HLTH 3311	Overview of the U.S. Healthcare system	
HLTH 4310	Health Administration and Leadership	
HLTH 4306	Health and Communities	
HLTH 4307	Community Health Planning and Assessment	
HLTH 4308	Problem Solving and Evaluation for Community Health Programs	
Electives (Choose 6 SCH from the following)		6
HLTH 3302	Mental Health Promotion	
HLTH 3387	Medical Terminology	
HLTH 4305	Health Law and Ethics	
KINE 4619	Internship in Health and Kinesiology	
Minor or Unrestricted Electives		18
Total Hours		120

Bachelor of Science in Health/Teaching Certification (Track 2)

Complete Core Curriculum Listing at <https://catalog.pvamu.edu/universitycorecurriculum/>

Core Curriculum 42 Credit Hours

Communication (Select Two)		6
Mathematics (Select One)		3
Life and Physical Sciences Core		6
BIOL 2401	Anatomy and Physiology I	
BIOL 2402	Anatomy and Physiology II	
Language, Philosophy, and Culture (Select One)		3
Creative Arts (Select One)		3
American History (Select Two)		6
Government/Political Science		6
POSC 2305	American Government	
POSC 2306	Texas Government	
Social and Behavioral Science (Select One)		3

Component Area Option One (Select One)	3
Component Area Option Two (Select One)	3
Other Requirements	2
BIOL 2401 Anatomy and Physiology I	
BIOL 2402 Anatomy and Physiology II	
Department Core Requirements	4
Choose one KINE 1000 level course (1 SCH)	
HKIN 1306 First Aid, Safety and CPR	
Major Core Requirements	48
HLTH 1302 Human Sexuality	
HLTH 1306 Environmental Health	
HLTH 1304 Personal Health and Wellness	
HLTH 2303 Aging, Death and Dying	
HLTH 2302 Communicable and Noncommunicable Diseases	
HLTH 3311 Overview of the U.S. Healthcare system	
HLTH 3304 Consumer Health	
HLTH 3309 Drugs and Health	
HLTH 3301 Nutrition	
HLTH 3305 Public and Community Health	
HLTH 3300 Health Education for the Elementary School	
HLTH 3303 Research and Contemporary Issues in Health	
HLTH 4310 Health Administration and Leadership	
HLTH 4306 Health and Communities	
HLTH 4307 Community Health Planning and Assessment	
HLTH 4308 Problem Solving and Evaluation for Community Health Programs	
Health and Phys Ed Pedagogy (Select 6 SCH from the following)	6
KINE 3306 Theory and Practice of Coaching	
KINE 2304 Coaching Individual and Dual Sports	
KINE 2306 Outdoor Performance Activities	
KINE 3303 Movement Activities for Elementary Children	
KINE 3365 Motor Learning and Control	
KINE 4307 Secondary Kinesiology	
Health - Concentration	18
CUIN 3300 Educational Foundations	
CUIN 3301 Educational Psychology	
CUIN 4300 Instructional Planning and Assessment	
CUIN 4301 Instructional Methods and Classroom Management	
CUIN 4340 Student Teaching/Elementary I	
CUIN 4381 Student Teaching Secondary - All Level	
Total Hours	120