

Department of Health and Kinesiology

Purpose and Goals

The Department of Health and Kinesiology educates students to focus on active living and healthy lifestyles while preparing them for professional health and kinesiology-related careers. Students are also exposed to experiences and intentionally taught how to become morally responsible leaders who think critically, act wisely, and work skillfully to advance various career paths associated with the fields of health, kinesiology, and physical education.

Mission Statement

The mission of the Department of Health and Kinesiology is:

1. To provide students with a well-defined exercise program and planned experiences that result in knowledge about the value of physical activities, essential motor skill development, stamina, strength, and social qualities that will last a lifetime.
2. To provide a broad base of knowledge that will enable a student to specialize or adapt to a variety of career opportunities which include: preparation for teaching and/or coaching at the elementary or secondary levels; preparation for graduate study that leads to productive professionals in the health, health promotion, kinesiology, sport management, and/or allied health therapeutic sciences; preparation for athletic training; preparation for recreational and/or community service programs; and preparation for professional health and wellness activities at the local, state and national levels by providing a challenging and innovative academic environment.

Program Purpose

The purpose of the Health and Kinesiology programs is to expose candidates to rigorous programs focusing on improving the overall quality of life. The learning environment is structured to provide a solid foundation for research in rural, urban, and suburban issues affecting health, wellness, sport, and physical fitness. In addition, the program offers health and fitness activity classes to every Prairie View A&M student for physical activity participation opportunities.

Student Outcomes

All degrees within the Department of Health and Kinesiology prepare students for various professional preparations in accordance with each degree's curriculum. The department offers candidates the opportunity to gain practical experience, at an appropriate level and content, in the health and kinesiology-related fields. All students in Health and Kinesiology can obtain certifications in four areas to further career aspirations. Even though these outcomes are not required for degree completion, they are highly encouraged for each candidate to effectively compete in the current job market.

Bachelor of Science Degrees in Health and Kinesiology Program Requirements

The Department of Health and Kinesiology offers two undergraduate degrees, Health and Kinesiology. Students have three options to pursue while obtaining their degrees: a selection of a minor in a different degree area, professional non-restrictive electives, or teaching certification.

Program Admission

Health and Kinesiology Majors

Students choosing to declare a major or minor within the Health and Kinesiology Department must submit a current transcript indicating a 2.25 cumulative GPA. Department Head approval for program admittance will not occur unless these four areas have been successfully met. Students majoring in Health or Kinesiology must meet all University and College of Education standards. Additionally, students must also complete all English composition, mathematics, and minor course work outside of the University Core, to be counted towards the 120 SCH degree, with a grade of "C" or better.

Teacher Certification

Students who select the teacher certification option must meet the following requirements to apply:

- Minimum GPA of 2.75,
- "C" or higher in all English and Math core courses,
- 44 SCH in the University Core completed before taking CUIN courses,
- Successful criminal background check,
- Successful completion of an assessment test, and
- Approval of teacher certification application.

All students accepted into the program for teacher certification must meet the College of Education's Teacher Certification requirements. The College of Education's Office of Teacher Certification manages all records of students accepted into the teacher certification program. The Office of Teacher Certification holds the TEA's student's identification, reference letters, criminal background verification, assessment scores, field observation, student

teaching results, passed or failed records, and much more. The Department of Health and Kinesiology also holds files on all students enrolled in the department as it pertains to their degree plans and graduation audits.

Internship for Health and Kinesiology Majors

- The internship is an integral part of the instructional program in the Health and Kinesiology curricula. The internship experience is designed to 1) enhance the understanding and application of knowledge and research findings to health, kinesiology, applied exercise science, and sport management, 2) prepare students for graduate programs, 3) make connections with professionals in their career area/interest, and 4) be taken by students only in their final semester of matriculation at the University.
- Students must also have a minimum cumulative GPA of 2.5 or higher prior to enrolling in the internship course. In addition, students must be in their last graduating semester with no criminal background (background check is required) and an updated resume.

Requirements of Uniform Apparel

Students enrolled in activity classes are required to purchase and to wear special physical education uniforms in compliance with departmental standards. Regulation gymnasium shoes are also required. Students enrolled in swimming must wear swimming suits and swimming caps recommended by the department. All required apparel is available for purchase in the University Exchange Bookstore.

Bachelor of Science in Health Degree Requirements

Bachelor of Science in Health/Non-Teaching Certification (Track 1)

BS Health Non-Teaching Recommended Degree Sequence (http://catalog.pvamu.edu/academicprogramsanddegreeplans/whitlowergreencollegeofeducation/departmentofhealthandhumanperformance/HLTH_BS_NonCert_21-22.pdf)

Core Curriculum ¹		42
Other Requirements ¹		2
BIOL 2401	Anatomy and Physiology I	
BIOL 2402	Anatomy and Physiology II	
Department Core Requirements		4
Choose one KINE 1000 level course (1 SCH)		
HKIN 1306	First Aid, Safety and CPR	
Major Core Requirements		48
HLTH 1302	Human Sexuality	
HLTH 1306	Environmental Health	
HLTH 1304	Personal Health and Wellness	
HLTH 2303	Aging, Death and Dying	
HLTH 2302	Communicable and Noncommunicable Diseases	
HLTH 3303	Research and Contemporary Issues in Health	
HLTH 3304	Consumer Health	
HLTH 3309	Drugs and Health	
HLTH 3301	Nutrition	
HLTH 3305	Public and Community Health	
HLTH 3300	Health Education for the Elementary School	
HLTH 3311	Overview of the U.S. Healthcare system	
HLTH 4310	Health Administration and Leadership	
HLTH 4306	Health and Communities	
HLTH 4307	Community Health Planning and Assessment	
HLTH 4308	Problem Solving and Evaluation for Community Health Programs	
Electives (Choose 6 SCH from the following)		6
HLTH 3302	Mental Health Promotion	
HLTH 3387	Medical Terminology	
HLTH 4305	Health Law and Ethics	
KINE 4619	Internship in Health and Kinesiology	
Minor or Non-restricted Electives ²		18
Total Hours		120

- ¹ Health majors should take BIOL 2401 and BIOL 2402 to satisfy the Life and Physical Sciences requirement for the "University Core" and the "Other Requirements". A grade of "D" is acceptable in these courses.
- ² Students can select from any minor in the university or 18 hours of non-restrictive electives (1000-4999).

Bachelor of Science in Health/Teaching Certification (Track 2)

BS Health Teaching Certification Recommended Degree Sequence (http://catalog.pvamu.edu/academicprogramsanddegreeplans/whitlowergreencollegeofeducation/departmentofhealthandhumanperformance/HLTH_BS_Cert_21-22.pdf)

Core Curriculum ¹		42
Other Requirements ¹		2
BIOL 2401	Anatomy and Physiology I	
BIOL 2402	Anatomy and Physiology II	
Department Core Requirements		4
Choose one KINE 1000 level course (1 SCH)		
HKIN 1306	First Aid, Safety and CPR	
Major Core Requirements		48
HLTH 1302	Human Sexuality	
HLTH 1306	Environmental Health	
HLTH 1304	Personal Health and Wellness	
HLTH 2303	Aging, Death and Dying	
HLTH 2302	Communicable and Noncommunicable Diseases	
HLTH 3311	Overview of the U.S. Healthcare system	
HLTH 3304	Consumer Health	
HLTH 3309	Drugs and Health	
HLTH 3301	Nutrition	
HLTH 3305	Public and Community Health	
HLTH 3300	Health Education for the Elementary School	
HLTH 3303	Research and Contemporary Issues in Health	
HLTH 4310	Health Administration and Leadership	
HLTH 4306	Health and Communities	
HLTH 4307	Community Health Planning and Assessment	
HLTH 4308	Problem Solving and Evaluation for Community Health Programs	
Health and Phys Ed Pedagogy (Select 6 SCH from the following)		6
HKIN 3306	Theory and Practice of Coaching	
HKIN 1321	Coaching Individual and Dual Sports	
KINE 2306	Outdoor Performance Activities	
HKIN 3303	Movement Activities for Elementary Children	
HKIN 3365	Motor Learning and Control	
HKIN 4307	Secondary Kinesiology	
Health - Concentration		18
CUIN 3300	Educational Foundations	
CUIN 3301	Educational Psychology	
CUIN 4300	Instructional Planning and Assessment	
CUIN 4301	Instructional Methods and Classroom Management	
CUIN 4340	Student Teaching/Elementary I	
CUIN 4381	Student Teaching Secondary - All Level	
Total Hours		120

- ¹ Health majors should take BIOL 2401 and BIOL 2402 to satisfy the Life and Physical Sciences requirement for the "University Core" and the "Other Requirements". A grade of "D" is acceptable in these courses.

Bachelor of Science in Kinesiology Program Requirements

Bachelor of Science in Kinesiology/Teaching Certification (Track 1)

BS Kinesiology Teaching Certification Recommended Degree Sequence (http://catalog.pvamu.edu/academicprogramsanddegreeplans/whitlowergreencollegeofeducation/departamentofhealthandhumanperformance/KINE_BS_Cert_21-22.pdf)

Core Curriculum ¹		42
Other Requirements ¹		2
BIOL 2401	Anatomy and Physiology I	
BIOL 2402	Anatomy and Physiology II	
Department Core Requirements		4
Choose one 1000 HKIN Course (1 SCH)		
HKIN 1306	First Aid, Safety and CPR	
Major Core Requirements		27
HKIN 1215	Low Organized Games	
HKIN 1208	Fundamentals of Human Movement	
KINE 1330	Foundation to Kinesiology	
DANC 2202	Fundamentals of Dance	
HKIN 3302	Applied Anatomy and Kinesiology	
HKIN 3366	Exercise Physiology	
HKIN 4304	Athletic Injuries	
HKIN 4303	Measurement and Evaluation	
HKIN 4306	Adapted Physical Activity	
HKIN 4310	Research Methods	
Health and Phys Ed Pedagogy		27
HKIN 1321	Coaching Individual and Dual Sports	
KINE 2306	Outdoor Performance Activities	
HLTH 3300	Health Education for the Elementary School	
HLTH 3301	Nutrition	
HKIN 3306	Theory and Practice of Coaching	
HKIN 3303	Movement Activities for Elementary Children	
HKIN 3365	Motor Learning and Control	
HKIN 4307	Secondary Kinesiology	
HKIN 4308	Administrative Management of Kinesiology	
Professional Education Requirements		18
CUIN 3300	Educational Foundations	
CUIN 3301	Educational Psychology	
CUIN 4310	Instructional Planning and Assessment	
CUIN 4311	Instructional Methodology and Classroom Management	
CUIN 4340	Student Teaching/Elementary I	
CUIN 4381	Student Teaching Secondary - All Level	
Total Hours		120

¹ Kinesiology majors take BIOL 2401 and BIOL 2402 to satisfy the Life and Physical Sciences requirement and HLTH 1304 to satisfy the Component Area Option Two for the "University Core" and "Other Requirements". A grade of "D" is acceptable in these courses.

Bachelor of Science in Kinesiology/Applied Exercise Science (Track 2)

BS Kinesiology Applied Exercise Science Recommended Degree Sequence (http://catalog.pvamu.edu/academicprogramsanddegreeplans/whitlowergreencollegeofeducation/departamentofhealthandhumanperformance/KINE_BS_AppliedExSci_21-22.pdf)

Core Curriculum ¹		42
Other Requirements ¹		2
BIOL 2401	Anatomy and Physiology I	
BIOL 2402	Anatomy and Physiology II	

Department Core Requirements 4

Choose one HKIN 1000 level course (1 SCH)

HKIN 1306 First Aid, Safety and CPR

Major Core Requirements 27

HKIN 1208 Fundamentals of Human Movement

HKIN 1215 Low Organized Games

KINE 1330 Foundation to Kinesiology

DANC 2202 Fundamentals of Dance

HKIN 3302 Applied Anatomy and Kinesiology

HKIN 3366 Exercise Physiology

HKIN 4304 Athletic Injuries

HKIN 4303 Measurement and Evaluation

HKIN 4306 Adapted Physical Activity

HKIN 4310 Research Methods

Electives 27

Select 12 SCH from the following:

HKIN 1112 Conditioning and Self Analysis

HKIN 3365 Motor Learning and Control

PHLT 3320 Determinants of Health and Health Disparities

BIOL 4201 Medical Terminology

HKIN 4322 Advanced Athletic Injuries

KINE 4619 Internship in Health and Kinesiology

Unrestricted Electives (Choose 15 SCH)

Applied Exercise Science 18

KINE 2307 Psycho-Social Aspects of Sport

KINE 2308 Practicum in Kinesiology and Sport ²

HLTH 3301 Nutrition

HKIN 4308 Administrative Management of Kinesiology

SPMT 4311 Legal Aspects of Sport

HKIN 4323 Fitness Program

Total Hours 120

¹ Kinesiology majors should take BIOL 2401 and BIOL 2402 to satisfy the Life and Physical Sciences requirement and HLTH 1304 to satisfy the Component Area Option Two for the "University Core" and "Other Requirements". A grade of "D" is acceptable in these courses.

² Non-Kinesiology majors enroll in HKIN 4303 or HKIN 3302.

Bachelor of Science in Kinesiology/Sport Management (Track 3)

BS Kinesiology Sport Management Recommended Degree Sequence (http://catalog.pvamu.edu/academicprogramsanddegreeplans/whittlowergreencollegeofeducation/departmentofhealthandhumanperformance/KINE_BS_SPMT_21-22.pdf)

Core Curriculum ¹ 42**Other Requirements ¹ 2**

BIOL 2401 Anatomy and Physiology I

BIOL 2402 Anatomy and Physiology II

Department Requirements 4

Choose one KINE 1000 level course (1 SCH)

HKIN 1306 First Aid, Safety and CPR

Major Requirements 27

HKIN 1208 Fundamentals of Human Movement

HKIN 1215 Low Organized Games

KINE 1330 Foundation to Kinesiology

DANC 2202 Fundamentals of Dance

HKIN 3302 Applied Anatomy and Kinesiology

HKIN 3366	Exercise Physiology
HKIN 4304	Athletic Injuries
HKIN 4303	Measurement and Evaluation
HKIN 4306	Adapted Physical Activity
HKIN 4310	Research Methods

Electives **27**

Select 18 SCH from the following:

HKIN 2205	Intramural and Recreational Sports
KINE 2307	Psycho-Social Aspects of Sport
HKIN 3305	Theory and Practice of Officiating
HKIN 3306	Theory and Practice of Coaching
HKIN 4308	Administrative Management of Kinesiology
KINE 4619	Internship in Health and Kinesiology
MGMT 1301	Introduction to Business
MGMT 2301	Design Thinking
MGMT 3302	Introduction to Business Analytics

Unrestricted Electives (Select 9 SCH)

Sport Management **18**

SPMT 1302	Foundations of Sport Management
KINE 2308	Practicum in Kinesiology and Sport ²
SPMT 2310	Sport Governance
MGMT 2320	Leadership and Ethics
MRKT 3311	Sports, Entertainment, and Event Marketing
SPMT 4311	Legal Aspects of Sport

Total Hours 120

¹ Kinesiology majors should take BIOL 2401 and BIOL 2402 to satisfy the Life and Physical Sciences requirement and HLTH 1304 to satisfy the Component Area Option Two for the "University Core" and "Other Requirements". A grade of "D" is acceptable in these courses.

² Non-Kinesiology majors enroll in MGMT, MRKT, or ENTR 2000 level or higher.

Bachelor of Science in Kinesiology/Non-Teaching Certification (Track 4)

BS Kinesiology Non-Teaching Certification Recommended Degree Sequence (http://catalog.pvamu.edu/academicprogramsanddegreeplans/whitlowergreencollegeofeducation/departmentofhealthandhumanperformance/KINE_BS_NonCert_21-22.pdf)

Core Curriculum ¹ **42****Other Requirements** ¹ **2**

BIOL 2401	Anatomy and Physiology I
BIOL 2402	Anatomy and Physiology II

Department Requirements **4**

Choose one KINE 1000 level course (1 SCH)	
HKIN 1306	First Aid, Safety and CPR

Major Core Requirements **27**

HKIN 1208	Fundamentals of Human Movement
HKIN 1215	Low Organized Games
KINE 1330	Foundation to Kinesiology
DANC 2202	Fundamentals of Dance
HKIN 3302	Applied Anatomy and Kinesiology
HKIN 3366	Exercise Physiology
HKIN 4304	Athletic Injuries
HKIN 4303	Measurement and Evaluation
HKIN 4306	Adapted Physical Activity
HKIN 4310	Research Methods

Electives (Select from the following) **27**

HKIN 1112	Conditioning and Self Analysis	
KINE 2307	Psycho-Social Aspects of Sport	
KINE 2308	Practicum in Kinesiology and Sport	
HKIN 1321	Coaching Individual and Dual Sports	
HKIN 2205	Intramural and Recreational Sports	
KINE 2306	Outdoor Performance Activities	
HLTH 3301	Nutrition	
HKIN 3305	Theory and Practice of Officiating	
HKIN 3306	Theory and Practice of Coaching	
HKIN 3365	Motor Learning and Control	
HKIN 4308	Administrative Management of Kinesiology	
HKIN 4323	Fitness Program	
HKIN 4619	Internship in Kinesiology and Sport	
Minor/Unrestricted Electives ²		18
Total Hours		120

¹ Kinesiology majors should take BIOL 2401 and BIOL 2402 to satisfy the Life and Physical Sciences requirement and HLTH 1304 to satisfy the Component Area Option Two for the "University Core" and "Other Requirements". A grade of "D" is acceptable in these courses.

² Students can select from any minor in the university or 18 hours of non-restrictive electives (1000-4999).

Master of Science and Master of Education Degree Programs

Students seeking certification must meet all requirements listed in the teacher certification section of this catalog. Specific requirements may be obtained from the Office of Teacher Certification in the College of Education.

Purpose and Goals

The programs in the Department of Health and Kinesiology are designed to meet the professional needs and interests of students who wish to pursue a Master of Science or a Master of Education. The graduate programs are designed for those students with special interests in the areas of Health and Physical Education.

The Master's degree in Physical Education is primarily for teachers, coaches, and school administrators. The curriculum prepares students for advanced teaching and/or administrative endeavors at the elementary or secondary levels.

The Master's degree in Health is primarily for those students who are interested in school health education or working in various health care settings such as hospitals, public and private health and education agencies, or health promotion programs. An internship is required.

Degree Requirements for Applicants without a Baccalaureate Degree in Health and/or Physical Education

Professional students who seek admission to the master's program must meet the same prerequisite and degree requirements as baccalaureate degree students. Students are expected to complete the prerequisite curriculum within two years of the initial admission date.

Two "C" Rule

Continual matriculation at PVAMU requires that no more than two C's shall be earned in a graduate degree program. A student who has earned more than two C grades will be automatic dismissed from the graduate program.

NOTE: No grade of "C" or below will be accepted toward certification.

Thesis

For the capstone of their educational experience, students in the department are expected to conduct an original piece of publishable research and/or contribute to the knowledge base of behavioral sciences and health education. Thesis are written under the supervision of individual faculty members in the department. Research topics and support for studies are provided by health agencies and organizations in the area.

Master of Science (MS) in Physical Education

Major Core Requirements

PHED 5313	Physical Education Curriculum	3
EDFN 5310	Foundations of Educational Research	3
EDFN 5311	Psychology of Learning and Development	3

EDFN 5312	Socio-Cultural Issues in Education	3
Program Concentration		
HLTH 5317	Nutrition and the Environment	3
PHED 5314	Sociology of Sport	3
PHED 5330	Research Methods	3
PHED 5350	Teaching Physical Education	3
Research and Resource		
EDFN 5314	Advanced Educational Statistics	3
EDFN 5390	Thesis Research	3
Select two of the following:		6
HLTH 5304	Alcohol and Drugs	
HLTH 5307	Epidemiology and Diseases	
HLTH 5313	Seminar- Selected Topics	
HLTH 5314	Medical Foundations for Health Professions	
HLTH 5318	Contemporary Health	
Total Hours		36

Masters of Education (MED) in Physical Education

Common Core

PHED 5313	Physical Education Curriculum	3
EDFN 5310	Foundations of Educational Research	3
EDFN 5311	Psychology of Learning and Development	3
EDFN 5312	Socio-Cultural Issues in Education	3

Program Concentration

HLTH 5317	Nutrition and the Environment	3
PHED 5314	Sociology of Sport	3
PHED 5330	Research Methods	3
PHED 5350	Teaching Physical Education	3

Research and Resource

EDFN 5392	Master's Seminar	3
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Select three of the following:

HLTH 5304	Alcohol and Drugs	
HLTH 5307	Epidemiology and Diseases	
HLTH 5313	Seminar- Selected Topics	
HLTH 5314	Medical Foundations for Health Professions	
HLTH 5318	Contemporary Health	

Total Hours 36

Master of Science (MS) in Health

Common Core

PHED 5313	Physical Education Curriculum	3
EDFN 5310	Foundations of Educational Research	3
EDFN 5311	Psychology of Learning and Development	3
EDFN 5312	Socio-Cultural Issues in Education	3

Program Concentration

HLTH 5306	Human Behavior and Health Education	3
HLTH 5317	Nutrition and the Environment	3
HLTH 5319	Community Health	3
PHED 5330	Research Methods	3

Research and Resource

EDFN 5314	Advanced Educational Statistics	3
EDFN 5390	Thesis Research	3

Select two of the following:		6
HLTH 5304	Alcohol and Drugs	
HLTH 5307	Epidemiology and Diseases	
HLTH 5313	Seminar- Selected Topics	
HLTH 5314	Medical Foundations for Health Professions	
HLTH 5318	Contemporary Health	
Total Hours		36

Masters of Education (MED) in Health

Common Core

PHED 5313	Physical Education Curriculum	3
EDFN 5310	Foundations of Educational Research	3
EDFN 5311	Psychology of Learning and Development	3
EDFN 5312	Socio-Cultural Issues in Education	3

Program Concentration

HLTH 5306	Human Behavior and Health Education	3
HLTH 5317	Nutrition and the Environment	3
HLTH 5319	Community Health	3
PHED 5330	Research Methods	3

Research and Resource

EDFN 5392	Master's Seminar	3
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Select three of the following: 9

HLTH 5318	Contemporary Health	
HLTH 5304	Alcohol and Drugs	
HLTH 5307	Epidemiology and Diseases	
HLTH 5313	Seminar- Selected Topics	
HLTH 5314	Medical Foundations for Health Professions	

Total Hours 36

¹ Requires Department Administration Approval

Minors in Health

Health Minor

HLTH 1304	Personal Health and Wellness	3
HLTH 2302	Communicable and Noncommunicable Diseases	3
HLTH 3301	Nutrition	3
HLTH 3304	Consumer Health	3
HLTH 4306	Health and Communities	3
HLTH 4307	Community Health Planning and Assessment	3

Total Hours 18

Public Health Minor

PHLT 1310	Foundation to Public Health	3
PHLT 2325	Biostatistics	3
PHLT 3312	Health Policy & Health Systems	3
PHLT 3320	Determinants of Health and Health Disparities	3
PHLT 3324	Epidemiology	3
PHLT 4302	Global Health	3

Total Hours 18

Minors in Kinesiology

Applied Exercise Science Minor

KINE 2307	Psycho-Social Aspects of Sport	3
KINE 2308	Practicum in Kinesiology and Sport ¹	3
HLTH 3301	Nutrition	3
HKIN 4308	Administrative Management of Kinesiology	3
HKIN 4323	Fitness Program	3
SPMT 4311	Legal Aspects of Sport	3
Total Hours		18

¹ Non-Kinesiology majors enroll in KINE 4303 or KINE 3302.

Sport Management Minor

SPMT 1302	Foundations of Sport Management	3
KINE 2308	Practicum in Kinesiology and Sport ¹	3
MGMT 2320	Leadership and Ethics	3
SPMT 2310	Sport Governance	3
MRKT 3311	Sports, Entertainment, and Event Marketing	3
SPMT 4311	Legal Aspects of Sport	3
Total Hours		18

¹ Non-Kinesiology majors enroll in HKIN 4303 or HKIN 3302.

Kinesiology Minor

HKIN 1208	Fundamentals of Human Movement	2
HKIN 1112	Conditioning and Self Analysis	1
KINE 1330	Foundation to Kinesiology	3
HKIN 3302	Applied Anatomy and Kinesiology	3
HKIN 3366	Exercise Physiology	3
HKIN 4303	Measurement and Evaluation	3
HKIN 4306	Adapted Physical Activity	3
Total Hours		18

Minor in Dance

Dance Minor

DANC 1103	Modern Dance I	1
DANC 1104	Folk and Ballroom Dance I	1
DANC 1110	Tap Dance I	1
DANC 1117	Modern Jazz I	1
DANC 1119	Ballet I	1
DANC 1126	Body Mechanics and Rhythmic Activities	1
DRAM 1322	Stage Movement	3
DANC 2101	Modern Dance II	1
DANC 2202	Fundamentals of Dance	2
DANC 2107	Modern Jazz II	1
DANC 2115	Ballet II	1
DANC 4202	Choreography	2
DANC 4203	Performance	2
Total Hours		18

Professional and Service Organizations

Honor Societies

Chi Tau Epsilon Honor Society

Endeavors to support the growth and development of talent and scholarship within university, college, and community college dance programs and to honor outstanding students in the field of dance.

GPA: 3.0 or above

Requirements: Dance minor/major

Intake: Invitation only

Eta Sigma Gamma

Mission: Promotion of the discipline by elevating the standards, ideals, competence, and ethics of professionally prepared men and women in health education.

Eta Sigma Gamma (ESG) is the Health Honorary organization for men and women who are in the field of Health or Health Education. The mission of the organization is promotion of the discipline by elevating the standards, ideals, competence and ethics of professionally prepared men and women in Health Education. The objectives of the PV Chapter of Eta Sigma Gamma are 1) Epsilon Epsilon to provide the opportunity to become acquainted with and enjoy the fellowship of students and faculty whose professional interests are dedicated to the Health Education discipline; 2) to keep the members informed of recent trends in Health Education; 3) to promote professional growth and leadership; 4) to encourage outstanding people to enter the Health Education field; 5) to evaluate professional standards and ethics of the discipline; 6) to stimulate and recognize research, service, and academic achievement within the membership; and 7) to assist in the professional preparation of Health Education students and faculty at PVAMU. To be eligible for membership, applicants must be either an undergraduate or graduate student with a GPA of 2.75 or higher and have a major or minor in Health or Health Education.

GPA: 3.0 or higher

Requirements: Health major

Intake: Invitation only

Phi Epsilon Kappa

Mission: Professional fraternity for persons engaged in or pursuing careers in physical education, health, recreation, dance, human performance, exercise science, sports medicine, and sports management.

Phi Epsilon Kappa is a national professional fraternity for persons engaged in pursuing careers in Physical Education, Health, Recreation, Dance, Kinesiology/Human Performance, Exercise Science, Sports Medicine, and Sports Management. Membership is open to persons interested in the purposes of the Fraternity and in providing time and energy for the benefit of these areas.

Membership: Open to Prairie View A&M University (PVAMU) Kinesiology students who meet the following requirements:

1. Have at minimum a 3.0 overall grade point average (GPA) at the time of their membership application.
2. Be in good standing with PVAMU.
3. Be declared as a Kinesiology/Human Performance major and/or minor for at least one year and must have enrolled as an undergraduate or graduate student at PVAMU for a minimum of 2 semesters.

Social Clubs

Allied Science Professional Society

Empower and direct its members on a guided pathway to prepare for careers (e.g. dpt/pta, ot/dot/ota, atc, pa, dc, pm&r, pharmd, and related professions) As well as ensuring growth of all members for success through development of its members professionally, mentally, and socially.

GPA: 3.00+

Requirements: Health or Kinesiology major, Department Minors

Intake: Application and review of requirements

Classic Dance Ensemble

The mission of CDE is to achieve excellence through dance, by portraying a commitment to discipline, technique, and dance education.

GPA: 2.5 or above

Requirements: Technique in Ballet, Modern & Jazz

Intake: Completion of CDE Application and Audition

P.A.H.P.E.R.D

Panther Association for Health, Physical Education, Recreation and Dance (PAHPERD) is open to all majors and minors in the department. A grade point average of 2.0 or higher is required for membership. All Health and Kinesiology majors are expected to participate in PAHPERD.

Provide networking opportunities to those students transitioning into the professional atmosphere. Expose students to current trends, activities, and issues in health and physical education. Committed to the development of knowledge and programs that promote active, healthy lifestyles.

Requirements: All Health and Kinesiology majors and Dance minor (No GPA required)

Intake: Open invitation

Other Professional Organizations

American Alliance For Health, Physical Education Recreation, and Dance (AAHPERD) is an educational organization at the national level that is structured for the purposes of supporting, encouraging, and providing assistance to member groups and their personnel throughout the nation as they seek to initiate, develop, and conduct programs in health, leisure, and movement-related activities for the enrichment of human life.

National Association of Sport and Physical Education (NASPE) is a division of AAHPERD which controls the quality of Physical Education and Sport by enhancing knowledge, improving professional practice, and increasing support for high quality physical education, sport, and physical activity programs.

American Association of Health Educators (AAHE) is a division of AAHPERD which controls the quality of Health Education programs by advancing the profession by serving health educators and others who strive to promote the health of all people through education and other systematic strategies.

Texas Association For Health, Physical Education, Recreation and Dance (TAHPERD) is the professional organization for the State of Texas which supports the fields of Health, Human Performance, and Dance.

The American College of Sports Medicine (ACSM) is the driving professional organization in the Sports Sciences. ACSM promotes and integrates scientific research, education, and practical applications of sports medicine and exercise science to maintain and enhance physical performance, fitness, health, and quality of life.

The National Commission for Health Education Credentialing (NCHEC) strives to enhance the professional practice of Health Education by promoting and sustaining a credentialed body of Health Education Specialists. To meet this mission, NCHEC certifies health education specialists, promotes professional development, and strengthens professional preparation and practice.

The American Council on Exercise (ACE) is a nonprofit organization committed to enriching quality of life through safe and effective exercise and physical activity. As America's authority on fitness, ACE protects all segments of society against ineffective fitness products, programs and trends through its ongoing public education, outreach and research. ACE further protects the public by setting certification and continuing education standards for fitness professionals.

Health Kinesiology Courses

HKIN 1101 Swimming I: 1 semester hour.

Instruction is offered at beginning levels of skills with emphasis on the development of total fitness and recreational skills for leisure time. All classes are coeducational.

HKIN 1106 Gymnastics: 1 semester hour.

Instruction is offered at beginning levels of skills with emphasis on the development of total fitness and recreational skills for leisure time. All classes are coeducational.

HKIN 1108 Fundamentals of Golf I: 1 semester hour.

Instruction is offered at beginning levels of skills with emphasis on the development of total fitness and recreational skills for leisure time. All classes are coeducational.

HKIN 1109 Badminton I: 1 semester hour.

Instruction is offered at beginning levels of skills with emphasis on the development of total fitness and recreational skills for leisure time. All classes are coeducational.

HKIN 1110 Basketball and Volleyball I: 1 semester hour.

Instruction is offered at beginning levels of skills with emphasis on the development of total fitness and recreational skills for leisure time. All classes are coeducational.

HKIN 1111 Flag and Touch Football I: 1 semester hour.

Instruction is offered at beginning levels of skills with emphasis on the development of total fitness and recreational skills for leisure time. All classes are coeducational.

HKIN 1112 Conditioning and Self Analysis: 1 semester hour.

Instruction is offered at beginning levels of skills with emphasis on the development of total fitness and recreational skills for leisure time. All classes are coeducational.

HKIN 1114 Personal Defense Activities: 1 semester hour.

Instruction is offered at beginning levels of skills with emphasis on the development of total fitness and recreational skills for leisure time. All classes are coeducational.

HKIN 1120 Aerobic Activities: 1 semester hour.

Instruction is offered at beginning levels of skills with emphasis on the development of total fitness and recreational skills for leisure time. All classes are coeducational.

HKIN 1122 Jogging and Track and Field Activities: 1 semester hour.

Instruction is offered at beginning levels of skills with emphasis on the development of total fitness and recreational skills for leisure time. All classes are coeducational.

HKIN 1123 Bowling I: 1 semester hour.

Instruction is offered at beginning levels of skills with emphasis on the development of total fitness and recreational skills for leisure time. All classes are coeducational.

HKIN 1124 Racquetball: 1 semester hour.

Instruction is offered at beginning levels of skills with emphasis on the development of total fitness and recreational skills for leisure time. All classes are coeducational.

HKIN 1125 Wrestling I: 1 semester hour.

Instruction is offered at beginning levels of skills with emphasis on the development of total fitness and recreational skills for leisure time. All classes are coeducational.

HKIN 1127 Cycling: 1 semester hour.

Instruction is offered at beginning levels of skills with emphasis on the development of total fitness and recreational skills for leisure time. All classes are coeducational.

HKIN 1128 Tennis I: 1 semester hour.

Instruction is offered at beginning levels of skills with emphasis on the development of total fitness and recreational skills for leisure time. All classes are coeducational.

HKIN 1129 Archery I: 1 semester hour.

Instruction is offered at beginning levels of skills with emphasis on the development of total fitness and recreational skills for leisure time. All classes are coeducational.

HKIN 1130 Weight Training: 1 semester hour.

Instruction is offered at beginning levels of skills with emphasis on the development of total fitness and recreational skills for leisure time. All classes are coeducational.

HKIN 1164 Physical Fitness: 1 semester hour.

Instruction is offered at beginning levels of skills with emphasis on the development of total fitness and recreational skills for leisure time. All classes are coeducational.

HKIN 1208 Fundamentals of Human Movement: 2 semester hours.

Theory and practice in movement improvisation, exploration, and rhythmic exercising methods and fundamentals of presenting creative and rhythmic activities to elementary age children.

HKIN 1215 Low Organized Games: 2 semester hours.

Instruction is offered at beginning levels of skills with emphasis on the development of total fitness and recreational skills for leisure time. All classes are coeducational.

HKIN 1306 First Aid, Safety and CPR: 3 semester hours.

Certification program (The American Red Cross) for emergency care procedures for illness, injury, and cardiopulmonary resuscitation.

HKIN 1321 Coaching Individual and Dual Sports: 3 semester hours.

This course is designed for majors with intermediate and advanced skills. Students deal with strategy, rules, and court layouts with special emphasis on fundamentals and materials for individual and dual sports.

Prerequisites: KINE 1151 or HKIN 1215.

HKIN 2205 Intramural and Recreational Sports: 2 semester hours.

Theory and practice in organizing and conducting tournaments, meets, and field days.

HKIN 2303 Lifeguarding: 3 semester hours.

Demonstration and practice in knowledge and skills to prevent, recognize, and respond to aquatics emergencies. Students have opportunity to complete requirements for the American Red Cross Lifeguarding Certification. Recommended proficiency in five basic strokes (front and back crawls; elementary back, side and breast strokes).

HKIN 2307 Psycho-Social Aspects of Sport: 3 semester hours.

This course will engage psychological and sociological perspectives toward understanding sports and physical activity as both personal engagements and social phenomena. Topics will include sport-based youth development, mental health and physical activity, performance enhancement, and sport and social issues.

HKIN 2308 Practicum in Kinesiology and Sport: 3 semester hours.

This course provides experiential learning opportunities for students to apply and integrate knowledge acquired through coursework, develop skills, clarify values, and develop capacity to contribute to their professional and community organizations. Students will also be able to clarify and broaden their career goals further refining necessary competencies and skills for their proposed career objectives. Work is supervised by personnel within the approved work site.

Prerequisites: KINE 1303 or KINE 1330.

HKIN 3301 Water Safety Instruction: 3 semester hours.

Swimming and lifesaving skills required for water safety instruction. Opportunity for completion of requirements for the American Red Cross Water Safety Instructor's Certification.

HKIN 3302 Applied Anatomy and Kinesiology: 3 semester hours.

A scientific study of the structural kinesiology and biomechanics of human movement.

Prerequisites: (BIOL 2401 or BIOL 1054) and (BIOL 2402 or BIOL 1064) and (KINE 1208 or KINE 1082).

HKIN 3303 Movement Activities for Elementary Children: 3 semester hours.

Theory of Kinesiology for young children; classroom demonstration and field laboratory assignments. Emphasis is placed on stages of development and gross motor skills.

Prerequisites: (KINE 1151 or HKIN 1215) and (KINE 1082 or HKIN 1208).

HKIN 3305 Theory and Practice of Officiating: 3 semester hours.

Treats the theory and practice of officiating selected sports; emphasis on rules, mechanics, and officiating individual, dual and team sports.

Prerequisites: (KINE 1303 or KINE 1330).

HKIN 3306 Theory and Practice of Coaching: 3 semester hours.

Theory and strategy of coaching football, basketball, and volleyball.

Prerequisites: (HKIN 1208 or KINE 1082) and (KINE 1303 or HKIN 1330).

HKIN 3365 Motor Learning and Control: 3 semester hours.

This course is designed to review basic principles of motor control and motor learning with emphasis on the application of these principles in the neurologic population.

Prerequisites: (KINE 1082 or HKIN 1208) and (KINE 1303 or KINE 1330).

HKIN 3366 Exercise Physiology: 3 semester hours.

This course is a study of the physiological bases of exercise and physical conditioning through investigation of the body's response to exercise; measurement of the metabolic efficiency during exercise, neuromuscular efficiency, and body composition.

Prerequisites: (KINE 3023 or HKIN 3302) and (MATH 1113 or MATH 1314).

HKIN 4303 Measurement and Evaluation: 3 semester hours.

This course is a study of various kinds of tests and test usage in the field of health and kinesiology. Students are exposed to and participate in practical experiences in the 1) construction and administration of tests, 2) application and use of elementary statistics to manipulate data, and 3) interpretation of results.

Prerequisites: KINE 3023 or HKIN 3302.

HKIN 4304 Athletic Injuries: 3 semester hours.

Theory and practice of prevention and treatment of athletic injuries; laboratory experience in techniques of massaging and bandaging.

Prerequisites: KINE 3023 or HKIN 3302.

HKIN 4306 Adapted Physical Activity: 3 semester hours.

A study of the general organization of programs of therapeutic exercise, recreational sports, and aquatic skills for use in correctional procedures; evaluation and classification of exercises; practice in planning and presenting activities for special programs.

HKIN 4307 Secondary Kinesiology: 3 semester hours.

Scientific examination of current human movement concepts, emphasis on curricular and evaluative concepts designed to assist the student in selecting, appraising, utilizing and analyzing movement related materials, resources, and instruments.

Prerequisites: KINE 3033 or HKIN 3303.

HKIN 4308 Administrative Management of Kinesiology: 3 semester hours.

This course studies the principles and fundamentals in the organization, administration and supervision of the health, kinesiology, intramural, and athletic programs.

HKIN 4309 Practicum in Athletic Training: 3 semester hours.

Designed to acquaint the Athletic Trainer Intern, Pre-Physical Therapist, and Sports Certified Specialist with the principles of application for an orthopedic examination of the joints and muscles. A hands-on clinical approach to physical assessment and rehabilitation techniques involving basic theories and principles.

Prerequisites: KINE 4232 or HKIN 4322.

HKIN 4310 Research Methods: 3 semester hours.

This course is designed to acclimate students to current research and the research process in their chosen field of study through exploration of scientific writings.

HKIN 4322 Advanced Athletic Injuries: 3 semester hours.

This course provides knowledge of clinical procedures with an emphasis on application techniques, therapeutic modalities, therapeutic exercise, and rehabilitative practices.

Prerequisites: HKIN 4304 or KINE 4042.

HKIN 4323 Fitness Program: 3 semester hours.

This course uses health, wellness and fitness assessments to develop healthy lifestyles.

HKIN 4399 Independent Study: 1-3 semester hour.

Readings, research and/or field work on selected topics.

HKIN 4619 Internship in Kinesiology and Sport: 6 semester hours.

Supervised study and practice in community, recreation, sports, fitness, and rehabilitation centers, hospitals, clinics, and other approved agencies, organizations and institutions.

Prerequisites: KINE 2308.

Health Courses

HLTH 1301 Foundation of Health Education: 3 semester hours.

This course introduces the student to the health education profession. Roles and responsibilities of health educators in a variety of occupational settings are described.

HLTH 1302 Human Sexuality: 3 semester hours.

Examination of the foundations and characteristics of the American family; factors involved in learning sex roles, biological and emotional motivations, preparation for marriage, family planning, and parental roles.

HLTH 1304 Personal Health and Wellness: 3 semester hours.

Study of the personal health concepts with emphasis on body systems, emotional health, drug use and abuse, disease, nutrition, and family and community health. Theory and practice in developing, implementing and evaluating philosophies of wellness programs.

HLTH 1306 Environmental Health: 3 semester hours.

Health aspects of environment, including health problems related to water, air, and noise pollution, pesticides, population, and radiation.

HLTH 2302 Communicable and Noncommunicable Diseases: 3 semester hours.

Nature, prevention, control, and treatment of communicable, chronic, degenerative, and idiopathic human disease, with principles related to causality of disease and to the body's ability to resist.

HLTH 2303 Aging, Death and Dying: 3 semester hours.

Examination of the aging process and health problems of the elderly; differing perceptions of death; dimensions of death and dying; euthanasia: and grief and mourning.

HLTH 3300 Health Education for the Elementary School: 3 semester hours.

Fundamentals of health including health problems, interests, school health appraisal, and promotion of a healthful environment. Emphasis on health agencies and organizations on the local, state, and national levels.

HLTH 3301 Nutrition: 3 semester hours.

Basic scientific information on nutrition and on its relationship to the biological needs of humans. An analysis and review of the selection and quality of nutrients essential to growth, development, and efficiency.

HLTH 3302 Mental Health Promotion: 3 semester hours.

The course is designed to address health issues and problems that various ethnic groups face in the United States. Cultural differences in health behaviors, health care access, and promotion and prevention programs are emphasized.

HLTH 3303 Research and Contemporary Issues in Health: 3 semester hours.

Scientific examination of current health concepts. Emphasis on those curricular and evaluative concepts necessary for selecting, appraising, utilizing and analyzing health related materials, resources, and instruments.

HLTH 3304 Consumer Health: 3 semester hours.

Investigation and analysis of consumer health problems, with emphasis on the function, organization, and administration of public health services at the local, state, regional and national levels.

HLTH 3305 Public and Community Health: 3 semester hours.

Focus on the aspects of the community that relate to health; identification and analysis of community health programs; organizational patterns and functions of voluntary and governmental health agencies; organizing the community for health action; and coordination of school and community health programs.

HLTH 3309 Drugs and Health: 3 semester hours.

Focus on substances that modify human behavior and emotions; the nature of drugs; historical and contemporary use; drug abuse; social implications; development and implementation of drug programs; and legislative implications.

HLTH 3311 Overview of the U.S. Healthcare system: 3 semester hours.

Overview of the U.S. healthcare system, including its evolution, utilization patterns, providers - human, institutional and organizational - financing, regulating, evaluating, and reforming.

HLTH 3387 Medical Terminology: 3 semester hours.

Medical terminology is the study of the principles of medical word building to help the student develop the extensive medical vocabulary used in health care occupations. Students receive a thorough grounding in basic medical terminology through a study of root words, prefixes and suffixes. The study focuses on correct pronunciation, spelling and use of medical terms. Anatomy, physiology, and pathology of disease are discussed.

HLTH 4199 Independent Study: 1 semester hour.

Reading, research, and/or field work on selected topics.

HLTH 4305 Health Law and Ethics: 3 semester hours.

This course presents an overview of legal and ethical issues facing managers and providers in health care. It provides students with a foundation of health law and ethics and reviews a wide variety of health care legal and ethical situations and dilemmas. The goals are to provide students with practical knowledge of health laws and ethics and their application in the real world of health care.

HLTH 4306 Health and Communities: 3 semester hours.

Principles of community health education as a foundation for subsequent consideration of health issues and problems of populations. In-depth focus on assessment and analysis of specific health problems in defined population of client organizations, institutions, and/or community members.

HLTH 4307 Community Health Planning and Assessment: 3 semester hours.

Examines the relationship of community health planning and assessment to health education in both urban and rural communities. Emphasizes theory processes and methods applicable to the health care services delivery system.

HLTH 4308 Problem Solving and Evaluation for Community Health Programs: 3 semester hours.

Evaluation of psycho-social-cultural health problems and influences on human behavior and health education strategies and outcome measurement.

HLTH 4310 Health Administration and Leadership: 3 semester hours.

In-depth study of a narrow range of topics considered to be of immediate concern to the health care industry. Special emphasis on problems unique to managers in the field of health administration. Current trends and problems in health administration affecting health administration technical and professional personnel. Designed to place emphasis in selected areas of administration and management.

HLTH 4399 Independent Study: 3 semester hours.

Readings, research, and/or field work on selected topics.

HLTH 5199 Independent Study: 1 semester hour.

Readings, research, and/or field work on selected topics.

HLTH 5304 Alcohol and Drugs: 3 semester hours.

Development and evaluation of educational approaches for primary and secondary prevention of alcohol and other drug abuse and misuse within populations in elementary and secondary schools, businesses, health agencies, higher education and general communities.

HLTH 5306 Human Behavior and Health Education: 3 semester hours.

Analysis of social, psychological and cultural determinants of health related behaviors. Critical review of each factor for interpretation and application in a variety of settings, including classrooms, worksites, health care agencies, and higher education centers.

HLTH 5307 Epidemiology and Diseases: 3 semester hours.

Epidemiologic methods for administrators, policy analysts, and education planners. Identification of and analysis factors influencing infections and chronic diseases in groups of people with a variety of community settings, including schools, businesses, industry, and the health care market.

HLTH 5313 Seminar- Selected Topics: 3 semester hours.

Etiology, epidemiology and impact of health-related behaviors on illness and wellness within specific populations which may impact school, occupational and community health.

HLTH 5314 Medical Foundations for Health Professions: 3 semester hours.

Medical and psychosocial approaches to disease detection, prevention and rehabilitation. Emphasis on current trends for the advancement of primary health in school groups, public communities, and special populations.

HLTH 5317 Nutrition and the Environment: 3 semester hours.

Understanding natural principles underlying health issues related to human ecology, nutrition, and non-infectious disease control and population problems.

HLTH 5318 Contemporary Health: 3 semester hours.

Review of factors relating to selected high morbidity and mortality in urban and rural environments. Study of related psycho-social health problems faced by practicing health educators in a dynamic health care market involving school-based and community-based populations.

HLTH 5319 Community Health: 3 semester hours.

Examination of the mission, goals, and policies of community and public health. Current principles, practice models, functions, roles, issues, and policies are critically analyzed.

HLTH 5399 Independent Study: 3 semester hours.

Readings, research, and/or field work on selected topics.

HUPF Courses**HUPF 1130 Weight Training: 1 semester hour.**

Instruction is offered at beginning levels of skills with emphasis on the development of total fitness and recreational skills for leisure time. All classes are coeducational.

HUPF 1164 Physical Fitness: 1 semester hour.

Instruction is offered at beginning levels of skills with emphasis on the development of total fitness and recreational skills for leisure time. All classes are coeducational.

HUPF 1217 Foundations I: 2 semester hours.

Foundations of health and human performance. Areas of concentration will focus on history and philosophy, developmental stages, movement-related experiences and career development in health and human performance.

HUPF 1227 Foundations II: 2 semester hours.

Areas of concentration will focus on current health and human performance programs, physical fitness, and conditioning and self-analysis.

HUPF 1232 Sports Skills III: 2 semester hours.

Emphasis given to theory and application skills for fundamentals in physical fitness, conditioning and self-analysis, archery, and softball.

HUPF 1242 Sports Skills IV: 2 semester hours.

Emphasis given to theory and application skills for fundamentals in aerobics, body mechanics, folk and ballroom dance, and modern dance.

HUPF 3308 Theory and Practice of Coaching II: 3 semester hours.

Theory and strategy of coaching baseball/softball, track and field, and soccer.

Kinesiology Courses**KINE 1201 Sports Skills I: 2 semester hours.**

Theory and application of fundamental skills in flag and touch football, soccer, wrestling and gymnastics I.

KINE 1202 Sports Skills II: 2 semester hours.

Emphasis given to theory and application skills for fundamentals in badminton, bowling, tennis, and racquetball.

KINE 1330 Foundation to Kinesiology: 3 semester hours.

Instruction is offered at beginning levels with emphasis on mechanical principles that regulate human movement, how to analyze movement and how to create the efficient movements possible to increase structure of the human body.

KINE 2306 Outdoor Performance Activities: 3 semester hours.

Introduction to outdoor activities with emphasis on principles and purposes; skills and activities for individual and group activities; practices and skills of low and high intensity levels.

KINE 2307 Psycho-Social Aspects of Sport: 3 semester hours.

This course will engage psychological and sociological perspectives toward understanding sports and physical activity as both personal engagements and social phenomena. Topics will include sport-based youth development, mental health and physical activity, performance enhancement, and sport and social issues.

KINE 2308 Practicum in Kinesiology and Sport: 3 semester hours.

This course provides experiential learning opportunities for students to apply and integrate knowledge acquired through coursework, develop skills, clarify values, and develop capacity to contribute to their professional and community organizations. Students will also be able to clarify and broaden their career goals further refining necessary competencies and skills for their proposed career objectives. Work is supervised by personnel within the approved work site.

Prerequisites: KINE 1303 or KINE 1330.

KINE 4305 Special Topics in Health and Kinesiology: 3 semester hours.

Detailed study of selected topic and activities.

KINE 4619 Internship in Health and Kinesiology: 6 semester hours.

Supervised study and practice in community, recreation, sports, fitness, and rehabilitation centers, hospitals, clinics, and other approved agencies, organizations and institutions.

Physical Education Courses

PHED 5313 Physical Education Curriculum: 3 semester hours.

Study of activities, aims, objectives, and outcomes as they relate to courses and their construction. Development of a course of study based on individual student needs.

PHED 5314 Sociology of Sport: 3 semester hours.

The reasons for studying sport are reviewed, and they include personal development, scholarly study, and professional practice. Since sport is so pervasive in U.S. society, studying its effects and its contribution to society is important. Through studying sport we can recognize historical precedents in sport, health, and physical activity. The sport sciences are categorized in three domains: (1) biophysical, (2) psychosocial, and (3) sociocultural. These three domains contain 10 individual sport sciences, which are integrated and allow us to better use and interpret our knowledge.

PHED 5330 Research Methods: 3 semester hours.

Design and methodologies for health education and physical education. Data collection, statistical applications, analyses, interpretation for evaluation and reporting.

PHED 5350 Teaching Physical Education: 3 semester hours.

A study of traditional and innovative teaching techniques in physical education, including the practical application of teaching styles.

PHED 5399 Independent Study: 1-3 semester hour.

Readings, research and/or field work on selected topics.

Sport Management Courses

SPMT 1302 Foundations of Sport Management: 3 semester hours.

This course studies the intricacies involved in the management and leadership of sport programs in health, kinesiology and sports management. Specific management techniques, administration techniques and theories will be studied to provide the foundation for effective leadership and supervision of sport programs. This course will also provide a study of administrative considerations of various sport programs, including aims, policies, principles, staffing, scheduling, finance, facilities and equipment, maintenance, legal considerations, risk management, publicity, and program evaluation.

SPMT 2310 Sport Governance: 3 semester hours.

This course is designed as an in-depth study of major sport governing agencies. Specifically, the students will study the organizational structure, constitutions, policies, procedures, and membership requirements of sport agencies at the state, national, and international levels. The course will also provide an introduction to sport governance, managerial activities related to governance, strategic management and policy development, ethics in sport organizations, scholastic sport, amateur sport in the community, campus recreation, intercollegiate athletics, major games in amateur sport, Olympic Sport, Paralympics sport, North American Professional sport, international professional sport, and the future of sport governance, among other topics of interest relating to sport governance.

Prerequisites: SPMT 1302.

SPMT 4311 Legal Aspects of Sport: 3 semester hours.

This course reviews legal foundations and issues specific to recreation and sport management. A theoretical approach to litigation with emphases on risk management, the safety of participants, and the appropriate ethical behavior of service providers will be introduced. Opportunities for practical experience will be provided.