

# Physical Education (PHED)

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## Courses

***PHED 5313 Physical Education Curriculum: 3 semester hours.***

Study of activities, aims, objectives, and outcomes as they relate to courses and their construction. Development of a course of study based on individual student needs.

***PHED 5314 Sociology of Sport: 3 semester hours.***

The reasons for studying sport are reviewed, and they include personal development, scholarly study, and professional practice. Since sport is so pervasive in U.S. society, studying its effects and its contribution to society is important. Through studying sport we can recognize historical precedents in sport, health, and physical activity. The sport sciences are categorized in three domains: (1) biophysical, (2) psychosocial, and (3) sociocultural. These three domains contain 10 individual sport sciences, which are integrated and allow us to better use and interpret our knowledge.

***PHED 5330 Research Methods: 3 semester hours.***

Design and methodologies for health education and physical education. Data collection, statistical applications, analyses, interpretation for evaluation and reporting.

***PHED 5350 Teaching Physical Education: 3 semester hours.***

A study of traditional and innovative teaching techniques in physical education, including the practical application of teaching styles.

***PHED 5399 Independent Study: 1-3 semester hour.***

Readings, research and/or field work on selected topics.